

September 22, 2023

Attention Juniors and Seniors, the following colleges will have reps at AHS next week to host information sessions: University of Alabama, Case Western Reserve, University of Florida, Reinhardt, University of Tennessee-Knoxville, Grand Canyon University, University of Miami, and Rice University. Login to Naviance to register.

Last week, Alpharetta High School Counselors completed Signs of Suicide training with 9th grade students. We encourage parents and guardians to talk to your child about their suicide prevention education. Through SOS, students are learning to ACT: Acknowledge signs of suicide, show their friend they Care, and Tell a trusted adult.

It can be tough to bring up the topic of depression and suicide, but these conversations are essential. Ask your child about what they are learning in school and encourage them to come to you with any concerns for themselves or their friends. You can help protect your child and their friends by starting a conversation about mental health today and keeping it going throughout the years.

The PSAT will be administered on Thursday, October 12th to all 9-10th graders and on Friday, October 13th to all 11th graders, all digital. PSAT is great preparation for the SAT and for all standardized tests in general, can allow you to qualify for extended lunch privilege, helps you determine if you are meeting college & career benchmarks, and used to determine National Merit Scholarships! Check out the AHS Website PSAT Campaign for more information! There are a lot of great resources that will help our students prepare.

If you are planning on taking the PSAT, you must have a Fulton County issued device. You may not use your personal (non-FCS) device. Please go to the media center during your lunch to check out your device. This **MUST** be done by Wednesday, 9/27/2023 to ensure you receive your device before the required device check we must complete. Parents, please help us by reminding your child to complete this very important action item before next Wednesday.

The 2023-2024 PTSA Reflections submission window is now open for entries. This year's theme is I am Hopeful Because... Students may submit their completed works of art in one or all of the available arts categories: Dance Choreography, Film Production, Literature, Music Composition, Photography, Visual Arts. Entries are to be placed in a labeled bin located in the AHS Media Center by the deadline of Friday, September 29th. For more information and to locate the submission form please visit the AHS PTSA website and click on the Reflections tab or students may scan the QR code located on flyers and posters throughout the school.

Books for a Purpose is holding a book drive from Unit! **October 6. Books in any condition, from any genre, and for any age group are accepted.** All donations will go to First Readers, a nonprofit that gives books to underserved communities in Georgia, including local schools and shelters. Book donation bins will be placed in the main entryway and the Media Center.

Mon 9/25 9th volleyball at 5pm
Tues 9/26 Varsity Volleyball home vs Roswell at 6
Thurs 9/28 Varsity Volleyball 5pm senior night
Sat 9/30 softball sr night at 11am vs West Forsyth

That's all for now Rich Raiders, remember: keep it focused, keep it clean, keep it moving, keep it civil and keep it classy.