

Taylor Road Middle School
Course Syllabus 8th Grade Health
Instructors: Tiffany Dodson and Samantha Moreland

Course Description:

This course will be broken down into three sections: Mental Health, Social Health, and Physical Health. We will cover multiple aspects of each of these sections with units including the following topics: goal setting, nutrition, decision making, coping with anxiety, coping with anger, mental health disorders, bullying/violence prevention, social skills, assertiveness, resolving conflicts, resisting peer pressure, drug abuse, healthy relationships, physical fitness, and human growth and development.

Materials needed: paper, pencil, athletic shoes on Fridays

Expectations: We expect students to show up every day ready to learn. This includes having a positive attitude, demonstrating self-awareness, and having an open mind. We will do assignments and projects individually and in a group setting; therefore, we expect all students to work well with one other and demonstrate mature behavior within a group. All students are expected to be prepared for class, contribute to class discussions, partake in group activities, try their best on assignments, and participate in fitness walks. Last, we expect assignments to be completed on time and we expect students to show responsibility when absent and get necessary materials, notes, and missed work.

Grading:

Major Assessments and Class Projects- (Summative = 70%): Reflective Essay/Goals Assignment, Stress Assignment, Nutrition Project, Family Tree Personal Health Project, Cyberbully Presentation, Anti-drug Group Project, Anti-bully Movie Notes/Journal

Class Assignments and Participation- (Formative = 30%): Fitness Walks on Fridays and a variety of Participation Assignments

Recovery Policy:

All students will have one opportunity each 9 weeks to redo/retake one major assignment/assessment.

-Eligibility for a redo/retake is for students who receive a 79 or below on a specific major assignment/assessment.

-Students are eligible to earn a replacement grade on a redo/retake no higher than 79.

-Student redo/retakes must be completed before the next major assignment/assessment is given or five school days before the end of a marking period if there is not another major assessment/assignment given (exceptions can be made for students who have excused absences during this five-day window).

Special Ed Statement:

Within this course, accommodations and modifications will be implemented based on students' current Individualized Education Plan (IEP). For specific goals and objectives and instructional levels, refer to your child's IEP.

Contact: Please feel free to contact us at any time.

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