

AUTREY MILL MIDDLE

7th Grade Health Education Syllabus

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TEXT: TEEN HEALTH, Mary Bronson, PhD

Welcome to 7th-grade health class! This course aims to provide students with the tools to make good choices about their overall well-being. Through inquiry learning and practice, students will achieve mastery of knowledge and skills that will be useful beyond middle and high school.

COURSE DESCRIPTION: Over the nine-week course, students will learn about **Wellness** (*mental, social, and emotional health, first-aid, fitness, and nutrition*), **Substance Abuse** (*decision making, peer pressure, alcohol, tobacco, and other drugs*), and **Sexual Education** (*Choosing the Best Program*) is an abstinence-centered program designed to help students set goals, develop healthy relationships, refusal skills, and character building.

LEARNING OUTCOMES

Students will:

1. Recognize signs of stress and practice best ways to cope.
2. Identify, explain, and practice steps to resolve individual conflicts.
3. Analyze factors that impact healthy nutritional choices.
4. Identify food choices that will decrease risks of disease and promote achievement of health goals.
5. Analyze prevention and intervention strategies in relation to adolescent and adult alcohol abuse, tobacco use, and drug abuse.
6. Illustrate adverse health consequences of tobacco, alcohol, and drug use on the individual and the community.

STUDENT EVALUATIONS

The nine-week average will be calculated based on following areas:

- **50 % Major Category**
- **40 % Minor Category**
- **10 % Practice Category**

RECOVERY ON ASSIGNMENTS/ASSESSMENTS

- All students will have one recovery attempt per major.
- Eligibility for a redo/retake is for students who receive a 75 or below on a specific major assignment/assessment.
- Students are eligible to earn a replacement grade on a redo/retake no higher than 75.
- Student redo/retakes should be completed before the next major assignment/assessment is given or 5 school days before the end of a marking period if there is not another major

assignment/assessment given (exceptions can be made for students who have excused absences during this five-day window).

- If a student's recovery is below the original score, the original score should stand in the grade book.

LATE WORK

- Students are expected to turn all work on time.
- A grade of late or missing will be entered in the electronic grade book until the assignment is received by the teacher.
- 25% maximum deduction after deadline has not been met.
- **A zero may be entered in the gradebook, if a student fails to turn in late/missing assignments, assessments, and/or tasks.**

HELP SESSIONS

Students needing extra help, or who need to complete work missed, may meet with their Health teacher as needed. Please arrange in advance to receive a pass.

***If a lesson is Asynchronous, then the student is required to submit an assignment to be marked Participated.**

A= 90 and Above

B= 80-89

C= 70-79

F= 69 and Below

NG= No grade for students enrolled fewer than 20 school days with no transfer grades

I= Incomplete

MAKE-UP WORK

- Students should make every effort to complete any missing work in a timely manner. Student must complete any make-up work at least ten (10) school days prior to the end of the grading period.
- It is the student's and/or parent's/guardian's responsibility to contact the teacher about any missing work. If the work is satisfactory, no matter if the absence was excused or unexcused, full credit should be given.

PROGRESS REPORTS/REPORT CARDS

- Progress reports are available to parents on the Parent Portal every 4.5 weeks.
- Report cards are available to parents on the Parent Portal every 9 weeks

DISCIPLINE EXPECTATIONS

Students are expected to follow all Autrey Mill school rules as outlined in the student agenda in the Fulton County Code of Conduct and Discipline Handbook. All students will be held accountable for their actions.

VIOLATIONS OF A SERIOUS NATURE WILL RESULT IN AN OFFICE REFERRAL.

ACADEMIC HONESTY

One of the most important aspects of a student's educational process is to learn honesty in all endeavors. This includes academic honesty. Academic dishonesty is defined as the giving or receiving of information among students when they are expected to be working on an individual basis, plagiarism (to take and use as one's own writings or ideas of someone else), or related acts. This includes copying and pasting from websites and/or copying work from another student. When academic dishonesty has been determined, students involved will receive a zero for work done. An alternate assessment will be given at the discretion of the teacher. Additionally, the teacher and student involved are to complete the Academic Dishonesty Form describing the incident. Copies of the report will be given to the student, the designated assistant principal, placed in the student's record file, and sent home for the parent's signature. In addition to academic consequences, multiple infractions of academic dishonesty may result in suspension.

TEACHER COMMUNICATION

The best way to contact me is via email at Chiltonhogsc@fultonschools.org. Please specify student's name and class period. Please allow 24 hours for me to respond, except on the weekends.