

Request for Flexibility 2017-18 Proposal



INSTRUCTIONS: Please write your responses in the boxes below.

SCHOOL NAME:	Alpharetta High School
CONCEPT NAME:	Waiver for Personal Fitness for Students to enroll in “Anchor Time/Enrichment” Personal Fitness class
STRATEGIC INITIATIVE(S):	Student Achievement, People and Culture: <i>The strategic initiative targeted allows students greater choice in scheduling along with encouraging participation in courses which align with their extra-curricular commitments.</i>

Concept Summary			
1) Describe the need/challenge that your school seeks to address and identify how this need/challenge is outlined in your school strategic plan.	Students who are interested in taking a variety of elective courses and pursuing endeavors outside of the classroom are having a difficult time fitting the 0.5 Personal Fitness credit into their class schedules. Our school does offer “enrichment” and RTI opportunities during our alternative bell schedule days of Anchor Time, leaving many students with a chunk of time during the school week to accomplish additional requirements.		
2) Describe the proposed concept, and explain how it addresses the need/challenge identified above.	<p>Students who have completed 2 consecutive seasons of a GHSA sport, or 2 consecutive seasons of Marching Band are typically already achieving the amount of physical activity required in the Personal Fitness class. The portion of the curriculum that they are missing out on is the content knowledge associated with health and fitness. Enrolling these students in an “Anchor Time” Personal Fitness class would allow them the opportunity to complete the “seat time” requirements and content knowledge standards for a Physical Education class. Students who do not have “Anchor Time” available may select either the weight training option or the Test Out option for credit.</p> <p>These students would also participate in the state-mandated FITNESSGRAM testing during their “Anchor Time” Personal Fitness class, twice per semester.</p>		
3) Include any research or evidence that the concept will positively affect your school’s student population. If no research exists, please articulate the rationale for the likelihood of success of the concept, and describe your plans for risk mitigation.	<p>This concept will provide an opportunity for our students involved in athletics and marching band to create their school schedules with flexibility. Many students are already enrolled in “enrichment” classes or “silent study” during Anchor Time, and this option will allow them to be more productive with these hours throughout the semester.</p> <p>This concept will also help keep a high priority on health and fitness in our school community, while also securing teaching positions for our Physical Educators and coaches at Alpharetta HS.</p>		
4) Outline the expected results	Project Outcomes	Short-Term Goals	Long-Term Outcomes

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<p>in the columns to the right. Add additional rows as necessary.</p>	<p>Students participating in athletics and marching band at Alpharetta HS will still have plenty of flexibility in their school schedules to pursue various educational opportunities.</p>	<p>Continue to make Health and Physical Education a meaningful part of the educational experience at Alpharetta HS, while developing the “whole child” in our school community.</p>	<p>Establish a standard that promotes extra-curricular activities and all aspects of the educational process through collaboration and respect for all subjects and endeavors.</p>
Waiver(s) Requested			
<p>5) List any waivers from state law, regulation, and/or rule required to implement the concept. (Facilitators will identify the specific laws, regulations, and/or rules requiring exemption.)</p>	<p>O.C.G.A. § 20-2-777(a) 160-4-2-.12 COMPREHENSIVE HEALTH AND PHYSICAL EDUCATION PROGRAM PLAN. 2© , 2(g) ; SBOE 160-4-2-.48 HIGH SCHOOL GRADUATION REQUIREMENTS FOR STUDENTS ENROLLING IN THE NINTH GRADE FOR THE FIRST TIME IN THE 2008-09 SCHOOL YEAR AND SUBSEQUENT YEARS 5 (VI).</p>		
<p>6) List any flexibility from Fulton County Schools’ policy required to implement the concept. (Facilitators will identify the specific Fulton County Schools policies requiring exemptions.)</p>	<p>IHF(8) - Clock Hours for Unit of Instruction and Personal Fitness Graduation Requirement</p> <p>Alpharetta seeks to modify the following provisions within this policy for student athletes as identified in section 1:</p> <ul style="list-style-type: none"> • Seat Time: “A unit of credit for graduation shall be awarded to students only for successful completion of state-approved courses of study based on a minimum of 150 clock hours of instruction provided during the regular school year, 135 clock hours of instruction in summer school.” • Graduation Requirements: “One (1) Unit of Health and Physical Education defined by: Health -- .5 unit and Personal Fitness -- .5 unit.” This requirement would be fulfilled through completing the requirements in this RFF 		
Impact on Students and Families, Personnel, Departments, Processes, and Schools			
<p>7) List any impact of the concept on the following:</p> <ul style="list-style-type: none"> ▪ Students and families; ▪ Personnel; ▪ The school schedule; ▪ Transportation; ▪ School nutrition; ▪ Teaching, learning, 	<p>Students and Families:</p> <ul style="list-style-type: none"> • Students may choose an alternative means of accomplishing the 0.5 credit for Personal Fitness which will not affect their regular class schedule. This Request for Flexibility acknowledges and provides an alternative for those students committed to sports and Marching Band at Alpharetta HS. There may also be the added benefit of more students participating in such programs. 		

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<p>and assessment;</p> <ul style="list-style-type: none"> ▪ Other schools; and ▪ Any other area not addressed above. 	<p>School Schedule: This would have a positive impact on the “class size” of the Personal Fitness classes at Alpharetta HS.</p> <p>Athletics:</p> <ul style="list-style-type: none"> • This waiver will promote participation in extra-curricular activities such as athletics and Marching Band.
Budget	
<p>8) In the space to the right, please identify, to the extent possible, how you plan to modify your school budget to cover additional costs. If applicable, identify external funding sources. Please use the budget template on the next page to provide the estimated costs of the proposed concept.</p>	<p>There is no effect on the school’s budget.</p>