



Wolf Den News

"Blazing Trails to New Horizons"

River Trail Middle School

May 7, 2021

May 11 Summit Counseling presentation for parents at 6:00pm -"Technology" on the Brain.

May 26 End Quarter 4/Semester 2

May 26 Last Day of School

Georgia Milestones Testing Dates: All testing takes place in the school building.
EOC

EOG

Date	Who?	Subject	Time
May 11	Grade 6, 7, 8	ELA Section 1	8:55-10:50
May 12	Grade 6, 7, 8	ELA Section 2	8:55-10:40
May 13	Grade 6, 7, 8	ELA Section 3	8:55-10:40

Important Info:

- ❖ On Testing dates, **REMOTE** students may ride the bus to school for morning arrival, but *must* be picked up by carpool when testing is completed each day.
- ❖ Students must bring their fully-charged laptop, charger, and a pencil.
- ❖ Students must have the DRC Insight app on their school issued device prior to testing. If not, call (470) 254-2300 for assistance.
- ❖ Personal devices *cannot* be used for testing.

Please direct all questions to Ms. Lori Lahmann-Scullion, Testing Coordinator, at Lahmannl@fultonschools.org

8th Grade Final Exam Schedule-Revised Schedule:

The 8th grade will have semester 2 finals on the following days. These finals will take place in the regular class period.

Wed 5/19 WL/Reading

Thur 5/20 ELA

Fri 5/21 SS, Alg 2 day 1

Mon 5/24 Science, Math, Alg 2 day 2

Spring Testing Calendar

Please see the attached spring testing calendar for important testing dates.

Summit Counseling

"Good day parents! Summit Counseling Center will be offering a parent seminar on May the 11th at 6:00pm titled "Technology on the Brain." This presentation is designed to help inform and support parents who may have questions and concerns about their child's use of technology and how it may affect them. This will be a no-charge, virtual only presentation. Please contact Summit On Site counselor Max Merritt at mmerritt@summitcounseling.org for more information or to register for the workshop.

Summit Counseling Con't

“Hello parents! Summit Counseling Center will be offering a summer support group for RTMS students of all grades this year. The group is called DBT STEPS-A and is designed to teach students emotional problem solving, interpersonal effectiveness, and decision-making skills. This group is perfect for any student who might be struggling with impulsive behavior, peer rejection, low self-esteem, anxiety, and depression. This is a no-charge group to students of River Trail. The group will run for eight weeks and is set to start Monday June 7th from 12pm to 1:15pm. Please contact Summit OnSite counselor Max Merritt at mmerritt@summitcounseling.org for more information.”



May is Mental Health Awareness Month #FCSMentalHealthMatters

This past year presented many different challenges and obstacles that tested our strength and resiliency. The global pandemic forced us to cope with situations we never imagined, and a lot of students, staff, and community members struggled with their mental health as a result. Now, more than ever, we need to combat the stigma surrounding mental health concerns. During the month of May, we are focusing on different topics that can help process the events of the past year and the feelings that surround them, while also building skills and supports that extend beyond COVID-19. The good news is that there are tools and resources available that can support the well-being of individuals and communities.

We want to remind everyone that mental illnesses are real, and recovery is achievable. It is possible to find balance between life's ups and downs and continue to cope with life's challenges.

Adapting to Stress

We all face stresses and hard times throughout our lives. Adversity of any kind can be hard on your mental health, but working on becoming more resilient can help you feel more at ease. Here are some tips you can use - Process your thoughts • Connect with people • Don't compare your experience to others • Take care of your body • Know it will take time • Give yourself grace • Don't feel ashamed to ask for help .

Teen Drug Misuse and Overdose

90% of teen drug misuse and overdose comes from the home medicine cabinet. One way to prevent this trend is to cut off the access through the home. DEA prescription drug take back day provides a safe disposal place for those old and/or unused medications. There are 4 translated versions (pl. see attachments) – English, Spanish, Korean and Chinese and below are links to 2 PSAs in English and Spanish.

English

<https://www.youtube.com/watch?v=1OFdhtfaxZc>

Spanish

<https://www.youtube.com/watch?v=IZUUCdMGOsw&t=6s>

MAY DAYS

In years prior to Covid we would celebrate MOYA- Month of the Young Adolescence in the month of October; however we were not able to celebrate at the time because of all the new demands this year required for teachers, parents, and students. In reflecting on the year, we want to take the opportunity to celebrate the students and promote community. We cannot imagine ending the year with out taking the time celebrate all that the students and teachers have accomplished during this time in middle school. Therefore, we are excited to announce and designate the last 8 days of school as MAY Days because we at River Trail we are "Mad About Youth!"

MAY Days= Mad About Youth 😊. Please join the fun by participating in the following dress up days, starting Monday May 17.



MAY DAY
“MAY” – DAYS
MAD ABOUT YOUTH!

Monday	Tuesday	Wednesday	Thursday	Friday
17 SWEATS DAY 	18 SILLY SOCK DAY 	19 COLOR OUT DAY 6TH: BLACK OUT 7TH: WHITE OUT 8TH: GREY OUT	20 FAVORITE T-SHIRT DAY (College/Team/Sports) 	21 CLONE DAY 
24 Tacky Tourist Day! Dress up as a tourist! 	25 Funky Hair Day 	26 WEAR A HAT DAY 		

Heritage Month

We are excited to celebrate Asian American and Pacific Islander Heritage Month (AAPI Month) in May! We would love for all River Trail families to join us in learning something new or celebrating AAPI past and present contributions to the United States and worldwide. If you would like to share or learn, please visit the Padlet. This month, we are focusing on changemakers, book recommendations, arts and media, locations, and more! <https://padlet.com/smithjh11/AAP1>

Padlet will allow you to upload your own content for approval which can be viewed by our school community. Please keep in mind that anything you share can be viewed publicly following approval. We would love for you to add new resources and explore the ones shared by other staff, students, and families in the RTMS community.



Meal kits distribution for Remote Learning Students

Wednesday from 9:30 a.m. – 10:30 a.m. the cafeteria staff passes out drive-up meal kits. Don't forget to pre-order meal kits! Grab & go meal kits **need to be pre-ordered weekly online by Tuesday at 11:59 p.m.** [CLICK HERE](#) for the online pre-order form.

SCHOOL NUTRITION
WHERE STUDENTS COME FIRST

**FREE MEAL KIT
PRE-ORDER
FORM
INSTRUCTIONS**

Visit [fcsnutrition.com](https://nutrition.fultonschools.org) for menus and more info!
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

PRE-ORDER MEAL KITS ONLINE AT
[HTTPS://NUTRITION.FULTONSCHOOLS.ORG/PREORDER](https://nutrition.fultonschools.org/preorder)

FOLLOW THE ONSCREEN DIRECTIONS
ORDERS MUST BE PLACED WEEKLY BY TUESDAY AT 11:59 P.M.

**PICK-UP MEAL KIT(S) FROM YOUR
CHOSEN LOCATION ON WEDNESDAYS**

**ENJOY NUTRITIOUS &
DELICIOUS MEALS!**

Rising 9th Grade Football

Northview Spring Football practice will begin on May 10. Equipment will be given out on May 5 and May 6.

Please make sure you have completed www.dragonflymax.com before May 10.

Register for football at www.northviewfootball.org.

Contact Coach Schwarzer at NorthviewTitansFB@gmail.com with questions.

#Boltsup

Media Center

- **The media center is now closed:** Because of our upcoming renovations, we have now closed the media center for all activities, except tech help. **Thank you to all of our students and staff for helping to get our books in!**
 - How can you still check out books? Continue using Sora and if you would still like to get your hands on physical books, another Sora library, and Hoopla, sign up for a public library card - Email Mrs. Wise (wiseb) for the forms!
- **Do you still have an overdue library book?**
 - No problem! Virtual students can drop books off into the clear boxes at the front of the school (please replace lid in case of rain). Face to face students can bring their books by the media center to return. Please return as soon as possible to avoid a fine and to continue helping Mrs. Wise and Mrs. Hahn pack for our new and improved space.

Technology Information

- If you are a virtual student, or if we are remote learning as a school, the **IT Hotline** is open 7:30-3:30 to help you with technical complications with your device. You must call the number to get assistance at **470-254-2300**. Translators are available.
- **VERY IMPORTANT INFORMATION: Please read the following documents explaining how to handle and store student devices over the summer, how to return a device if you are moving out of Fulton County or transferring schools in Fulton County, and which apps and resources will be available to our students over the summer.**



[FCS Summer Device Information](#)

NHS PTO Opportunities for 2021-2022

Please contact Kim Ware if you are interested: kimberlysware@yahoo.com

VP Student Enrichment- This VP's responsibilities include coordinating with the committee chairs for Arete Awards, cultural arts, mini grants student ambassadors and voter registration.

Community Liaison- This committee chair works with area businesses to schedule fundraisers for the PTO.

Campus Beautification - This committee chair works with AP Hunter on any projects to spruce up the building and grounds. This may include providing any of the following: funds, supplies, and volunteers.

Dance Coat Check - PTO provides a secure place for students to leave their belongings while at school dance. The committee chair works with the administration to select and prepare a classroom for this. The chair is responsible for scheduling parent volunteers to work coat check.

The Northview Fine Arts Association (FAA) is a group of parents dedicated to enhancing the fine arts programs at Northview. If you have a student in art, band, chorus, drama or orchestra you will be asked to join at the level that fits your budget. There some volunteer opportunities for 2021-2022

Please contact Kim Ware if you are interested: kimberlysware@yahoo.com

Board positions:

Secretary – The secretary attends monthly board meetings to take notes and record the minutes

VP Band -- This parent acts as a liaison between FAA and Ms. Dickerson to support the band program.

VP Chorus – This parent acts as a liaison between FAA and Mr. Copeland to support the chorus program

Co-VP Drama-- This parent works with another parent to act as a liaison between FAA and Ms. Pieri and Ms. Lake to support the drama program

Concession Team positions

FAA runs concessions at home football games as our main fundraiser. Each game provides volunteers for at least one game throughout the season. A request will come from the teacher when it your art's turn to help. There are spots for parents and students. In addition, several people are needed to commit to jobs that run the entire season.

Volunteer Coordinator – This parent creates a signup via signup.com for volunteers for each home game. The signup is sent to the teacher(s) of the department(s) responsible for that week's game at the beginning of the week and then, if there are still open spots, out to all the other departments on Wednesday. Copies of the list of volunteers are given to the home stand, the visitor stand and the Northview staff member responsible for the stadium gate by the morning of each game day. They also keep track of volunteer hours for each department. This job can be done from home!

Vendor Liaison – This parent works with outside vendors. They place the chick-fil-A order before every game. They also place the initial Coke beverage order at the beginning of the year and other drink orders throughout the season as needed. This job can be done from home.

Weekly Supply Purchaser -- This parent makes a weekly Sam's run before each football game to get whatever supplies are needed.

Home Stand Supervisor – This parent opens and prepares the home stand before each game, coordinates operation of the home stand during games, makes sure all inventory is counted at the end of sales, and makes sure all cash is counted and given to the treasurer at the end of the game.

Visitor Stand Supervisor -- This parent opens and prepares the visitor stand before each game, coordinates operation of the visitor stand during games, makes food available for the officials at half time, makes sure all inventory is counted at the end of sales, and makes sure all cash is counted and given to the treasurer at the end of the game.

Rising Freshman!

Are you interested in being a Northview high school student ambassador? If you are visit <https://tinyurl.com/nhsambassador> and apply. This application is due by May 15th 2021 and selected Student Ambassadors will be notified by May 21st via email.

Wolf Den News is published weekly as a newsletter for River Trail Middle School Parents and Students.
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