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# News Release

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## Centennial High mentoring program builds confidence, teaches life skills

At Centennial High School, collaboration and student achievement are more than checkmarks on Fulton's 2022 Strategic Plan – they are a critical part of a student's everyday life. For 27 students in particular, community collaboration takes the form of a mentoring group.

The Centennial High Ladies of Purposeful, Open-minded, Worthy, Excellent, Resilient (POWER) are high school students who may benefit from additional academic, social or behavioral support. The program, established in December 2017, seeks to offer life skills and experiences that will serve them after they graduate from Centennial High.

Led by Assistant Principal Nikkole Flowers, students – assigned by grade level – meet with staff mentors twice a month to discuss topics such as preparing for college, building self-esteem and dealing with conflict. Students also gather for team-building sessions where they are introduced to activities to which they may not otherwise be exposed, including Zumba classes, photography and golf lessons – all from members of the community who donate their skills and time. Additionally, guest speakers are invited to offer inspiration and motivation.

“Our staff understands that our work often extends beyond our instructional time with our students,” said Ms. Flowers, noting that school leaders welcome opportunities to engage and partner with the community in support of Centennial High students. “This is an extraordinary opportunity to focus on skills and activities that will help them later in their lives. One of our goals is to provide them with information and experiences that will prepare them to make the best decisions for their futures.”

The program celebrate its one-year anniversary next month with its first cohort of students. For additional information on how you can support the program, email [FlowersN@fultonschools.org](mailto:FlowersN@fultonschools.org).

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**About the Fulton County School System.** The Fulton County School System is the fourth largest school system in Georgia. More than 95,000 students attend 106 schools in the cities of Alpharetta, Chattahoochee Hills, College Park, East Point, Fairburn, Hapeville, Johns Creek, Milton, Mountain Park, Palmetto, Roswell, Sandy Springs, South Fulton and Union City.