Monday

**English Language Arts: ELAGSE4RI3**
Print and begin *Understanding Scientific Texts*

**Math: MGSE4.G.3**
Print and complete *Introduction: Symmetry*

**Physical Education: PE4**
Take the [Dumbbell Fitness Challenge](#) from OPEN PhysEd. Try each exercise to make sure you are doing them correctly, then go through the circuit again really giving each exercise your best effort! Twenty minutes of this challenge should get your blood pumping and your muscles working!

Tuesday

**English Language Arts: ELAGSE4RI3**
Complete *Understanding Scientific Texts* from Monday

**Math: MGSE4.G.3**
Print and complete *Symmetry Practice*

**Art: VA4 CR.1**
Select one that you have not already completed from the following list:

<table>
<thead>
<tr>
<th>Superhero Design</th>
<th>Hand Texture</th>
<th>Color Wheel</th>
<th>Texture Rubbing</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create a superhero and design an outfit for them. Color in with crayons, markers, oil pastels, colored pencils, etc.</td>
<td>Trace your hand with a pencil or pen and fill it in with at least 6 different patterns and or textures.</td>
<td>Create a color wheel using scraps of paper. Tape or glue the paper to a separate sheet of paper. Label the colors and themes.</td>
<td>Use a crayon or pencil to create 4 different texture rubbings of textures you find in your house. Place your paper on top of the texture and rub with the side of the crayon or pencil</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Favorite Food Self Portrait</th>
<th>Self Portrait</th>
<th>Who’s Got Mail</th>
<th>Landscape</th>
</tr>
</thead>
<tbody>
<tr>
<td>Draw a self-portrait, of you wearing a hat made out of your favorite food. If possible, add color.</td>
<td>Draw a self-portrait, of you that emphasizes one or more of your unique qualities.</td>
<td>Create a postcard that brings art and the state of Georgia together. If possible, send the postcard to someone through the mail.</td>
<td>Create a landscape focusing on the weather. Include a foreground, middle ground and background. Add something that would not be expected in the season you are representing.</td>
</tr>
</tbody>
</table>
## Wednesday

**English Language Arts: ELAGSE4RI5**
Print and complete Text Structures Part 1: Cause-Effect and Compare-Contrast

**Math: MGSE4.MD.1**
Print and complete Introduction: Convert Measurements

**Physical Education: PE4.1.b and PE4.3.g**
Alphabet Fitness: Using the Alphabet Fitness sheet, create and perform a 20 min. fitness circuit. This week instead of using your name, use the name of your school. Try adding in your school and mascot (ex. Ocee Otters).

**Example: M-U-S-C-L-E**
- M - 5 Burpees
- U - 15 Squats
- S - 15 Mountain Climbers
- C - 10 Squats
- L - 10 Walking Lunges
- E - 20 Mountain Climbers

## Thursday

**English Language Arts: ELAGSE4RI6**
Print and begin Understanding Technical Texts

**Math: MGSE4.MD.1**
Print and complete Convert Measurements Practice

**Music: ESGM4**
Review World Instruments
Print and complete World Instruments Worksheet 1
Print and complete World Instruments Worksheet 2

## Friday

**English Language Arts: ELAGSE4RI6**
Complete Understanding Technical Texts from Thursday

**Math: MGSE4.MD.3**
Print and complete Introduction: Perimeter and Area

**Physical Education: PE4.1.b and PE4.3.g**
Fitness Bingo: Play a game of Fitness Bingo with the people in your home, can you get bingo horizontally, vertically, diagonally, or in all four corners?

Fulton County Schools greatly appreciates the partnership with Curriculum Associates and the permission to provide TeleSchool English Language Arts and Math lessons to students in Grades 3-5.