

LOG ON LIVE FOR A

# WELLNESS WEDNESDAY EVENT

GO TO

[FACEBOOK.COM/SOUTHFULTONMHC](https://www.facebook.com/southfultonmhc)

WE WILL BE LIVE @ 12 PM EVERY  
WEDNESDAY FOR THE NEXT 6 WEEKS

7/29 - COMMUNITY & SOCIAL ISOLATION

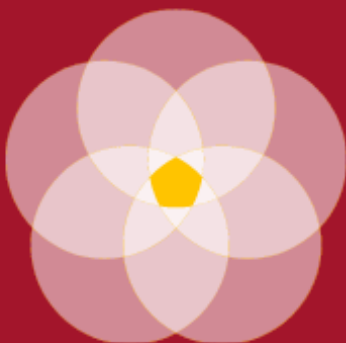
8/5 - RESETTING OUR ROUTINES

8/12 - UNIVERSAL ONLINE LEARNING RESOURCES

8/19 - TOPIC PENDING SURVEY RESPONSES

8/26 - RESILIENCY

9/2 - TOPIC PENDING SURVEY RESPONSES



South Fulton  
Mental Health  
Collaborative