

TRACK (PHYSICALS ARE DUE 1/21)

Tues.	Feb. 8 th	7 th /8 th	4:15-5:30
Thurs.	Feb. 10 th	7 th /8 th	4:15-5:30
Mon.	Feb. 14 th	7 th /8 th	4:15-5:30
Tues.	Feb. 22 nd	7 th /8 th	4:15-5:30
Thurs.	Feb. 24 th	7 th /8 th	4:15-5:30

You must check in with Coach Dixon or Coach Lloyd before you stay for the **FIRST** time.

Thursday, February 24th is the last day to join track...no exceptions.

Please always be prepared for inclement weather. Outdoor activities can be cancelled on short notice.

For additional information, see Coach Dixon or visit the RCS website.