

MENTAL HEALTH SUPPORTS AT JCHS

JCHS Counseling | September 7, 2023



0 1. FOCUS OF TODAY

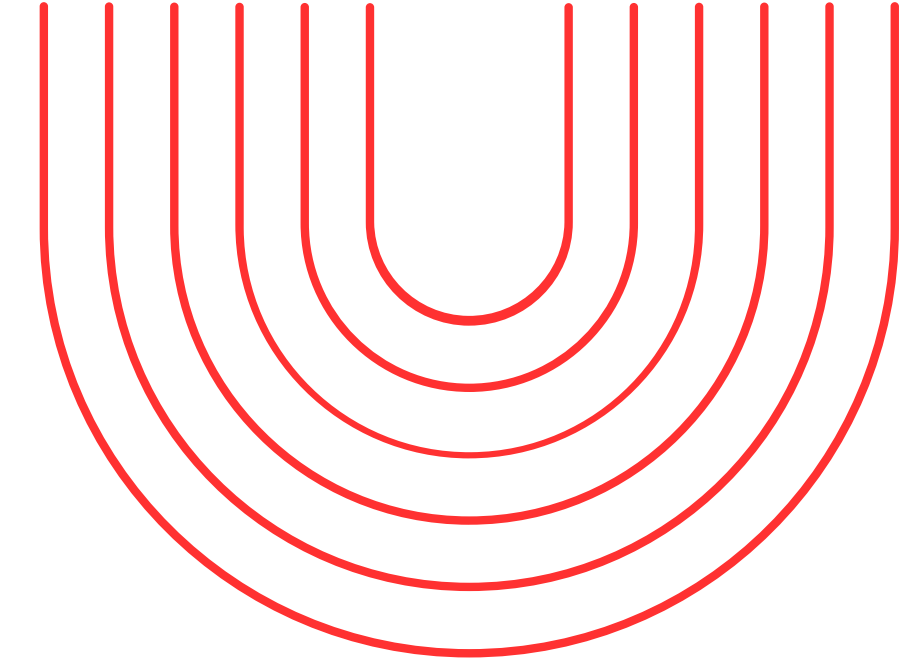
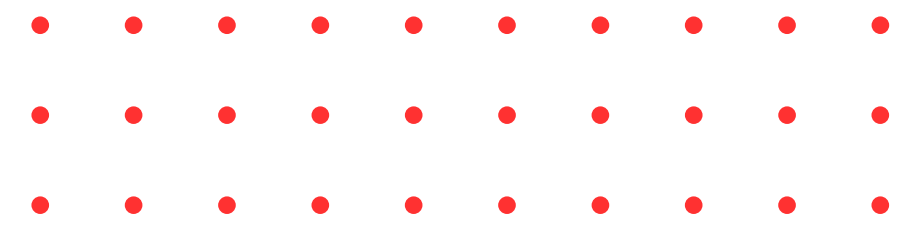
0 2. SCHOOL COUNSELORS

0 3. SCHOOL SOCIAL WORKER

0 4. COMMUNITY MENTAL HEALTH PARTNERS

Summit Counseling, Pathways2Life

0 5. IN THIS TOGETHER



OUR
DISCUSSION
TODAY



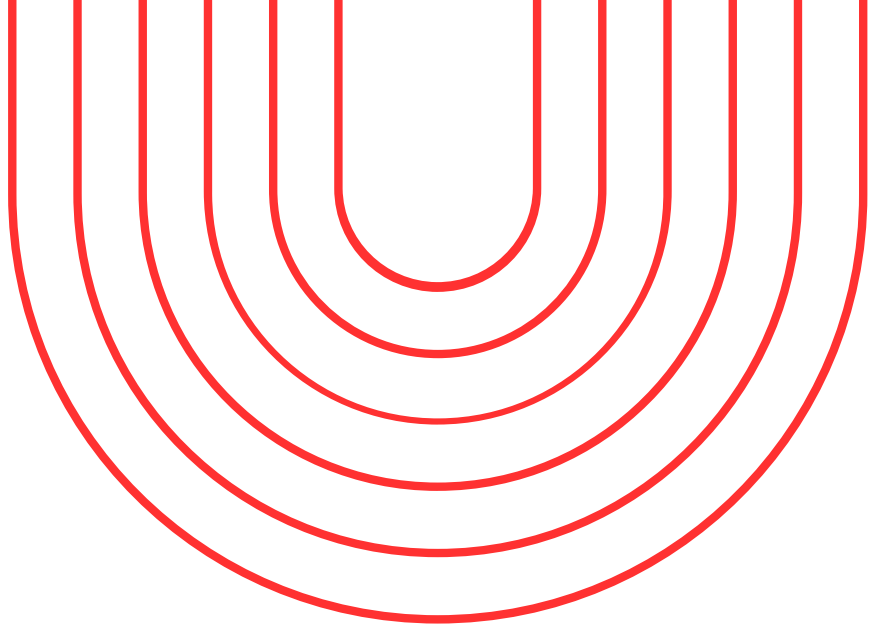
MENTAL HEALTH SUPPORT

How does JCHS support students' mental health?

What roles do the school-based staff and community partners have?

How do I connect to these resources for my student?



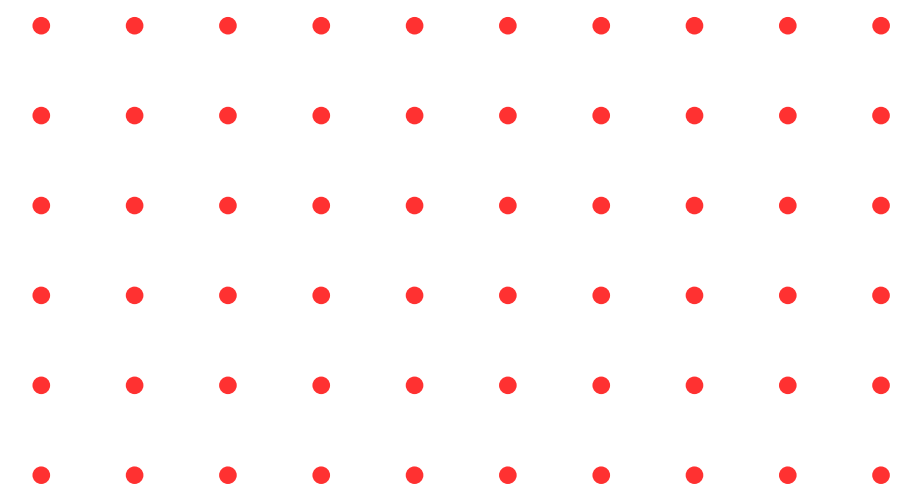


TEAM OF EXPERTS

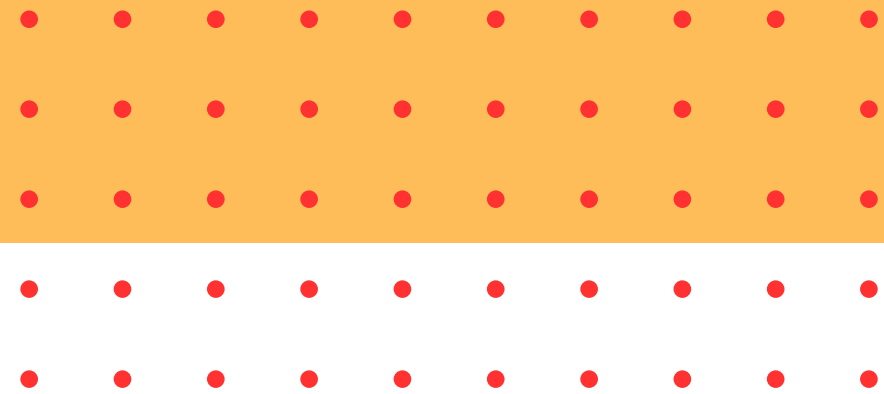
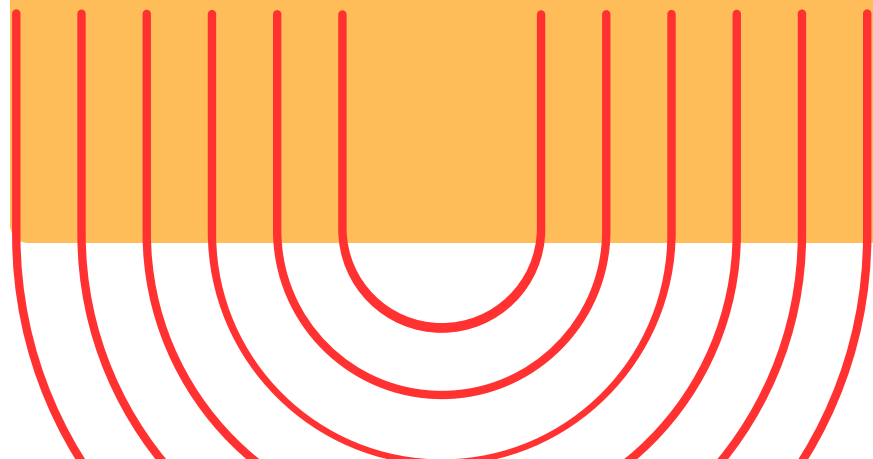
Different Expertise
Different Perspectives

MENTAL HEALTH ISN'T ONE
SIZE FITS ALL

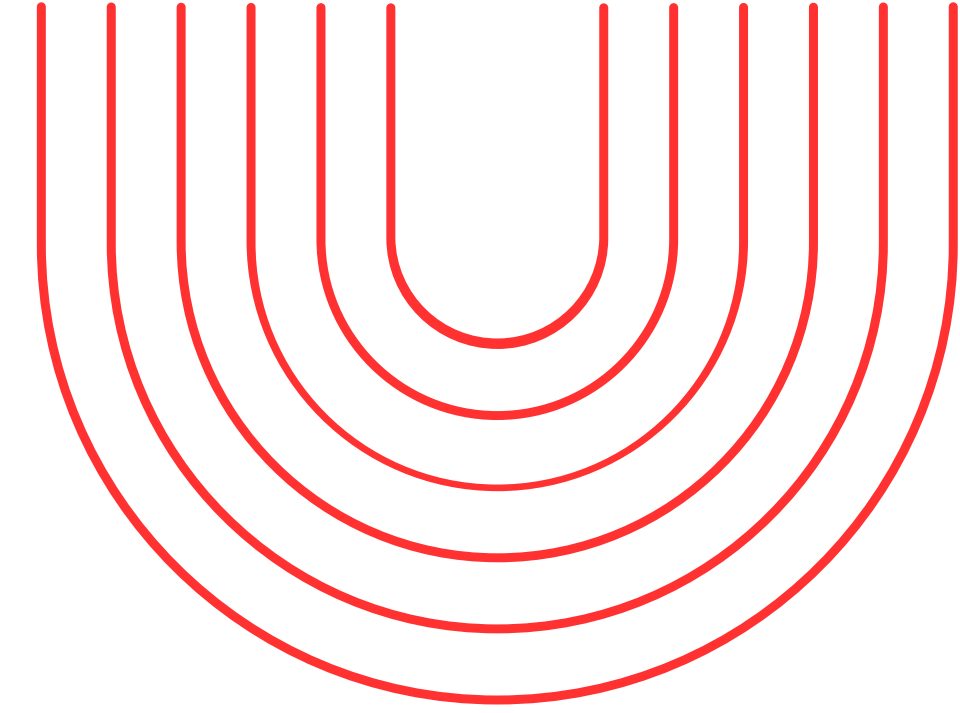
Mental Health isn't supported by one size fits all.



SCHOOL COUNSELORS



JCHS COUNSELING TEAM



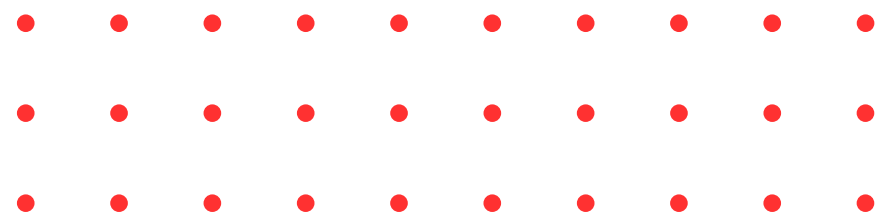
A-De: John DeRosso | DeRossoJ@fultonschools.org

Dh-Ji: Chelsea Dreyer | DreyerC@fultonschools.org

Jo-M: Nicole Taylor | TaylorN5@fultonschools.org

N-SL: J. Giles | GilesJ@fultonschools.org

Sm-Z: Samantha Latham | LathamSJ@fultonschools.org

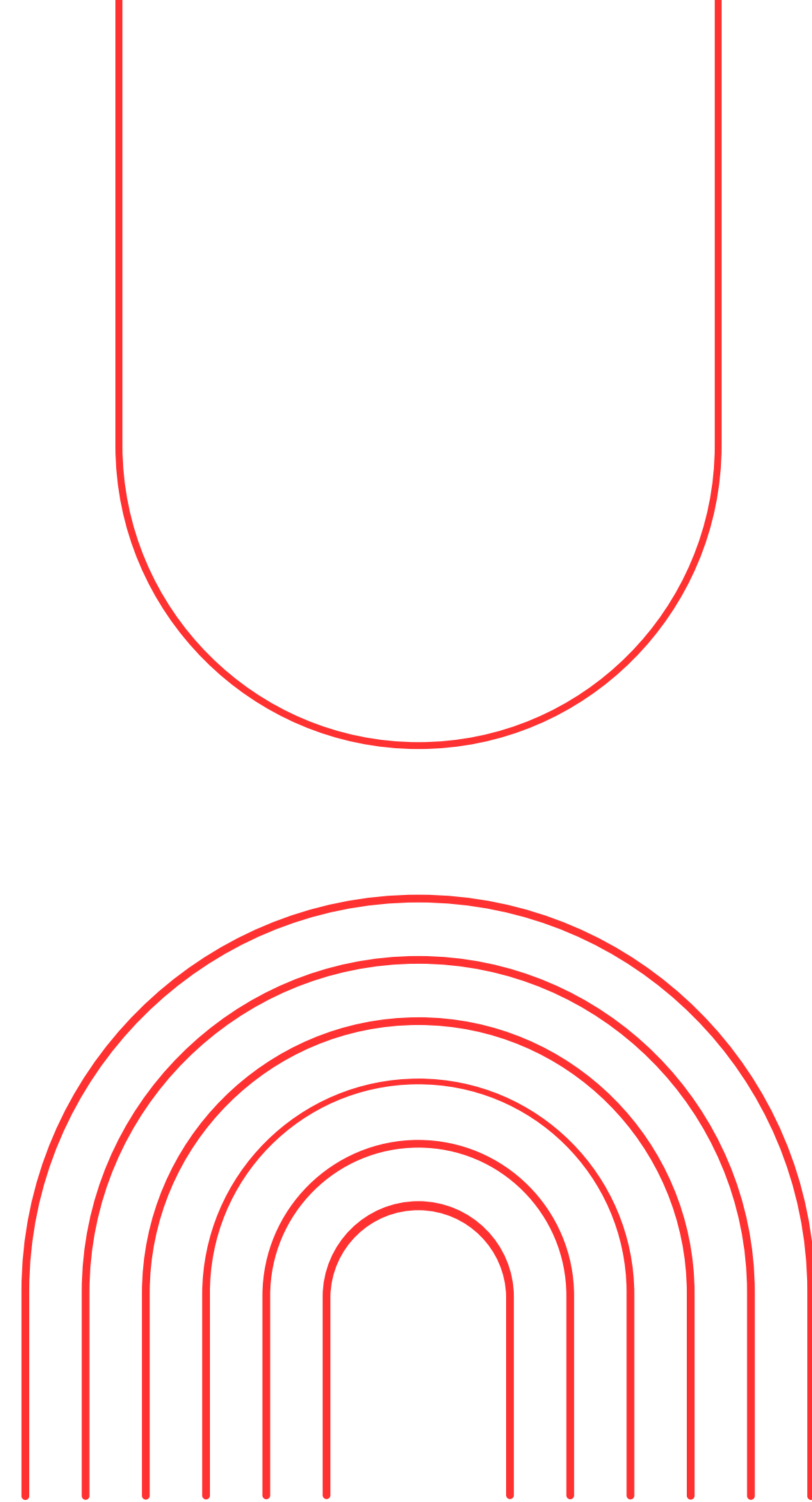


~~GUIDANCE~~ ~~COUNSELORS~~

The scope of duties and role of school counselors have evolved over the years.

No longer only working within college and career guidance.

No longer only working with some students.



SCHOOL COUNSELORS

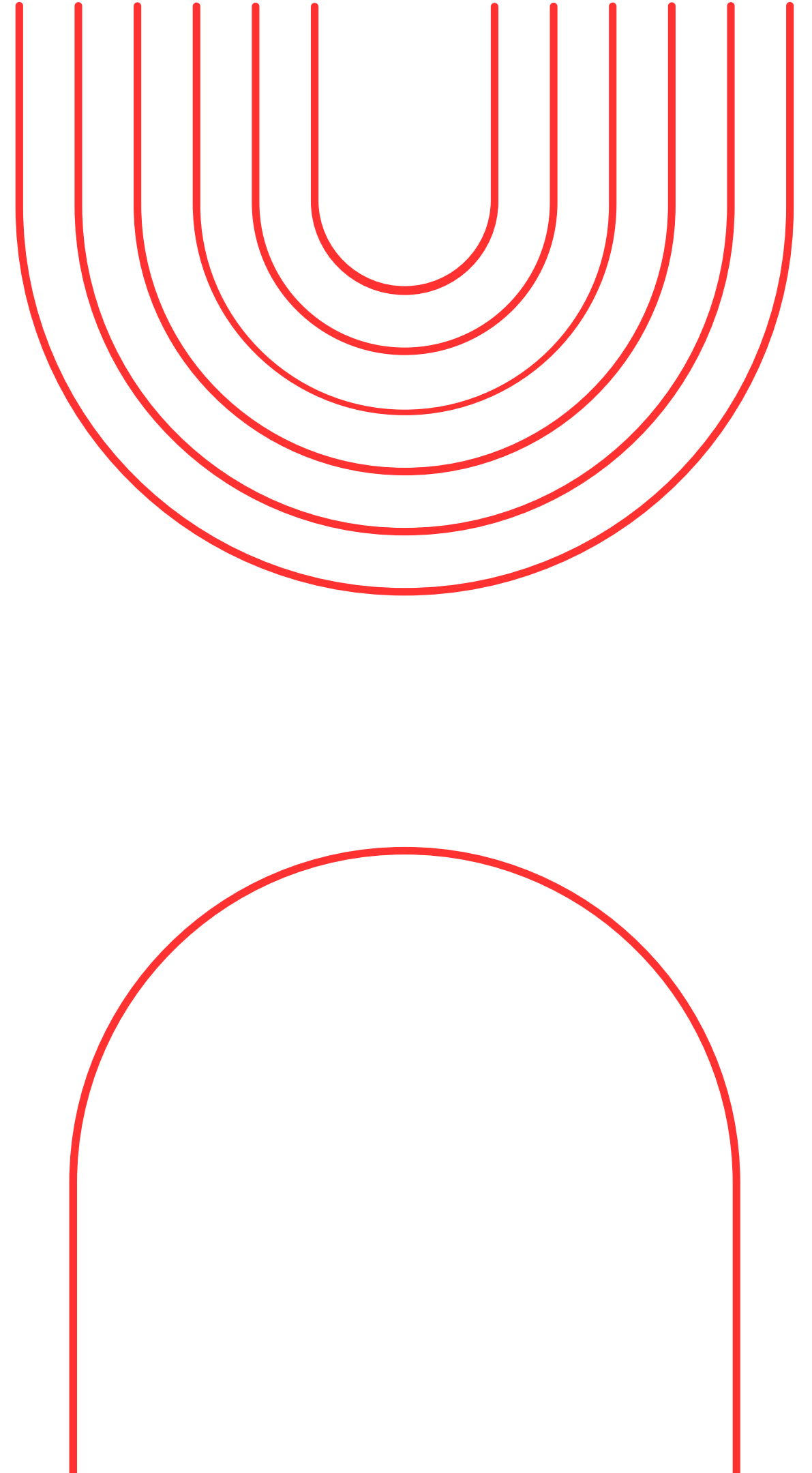
Professionals who provide day to day support to students in the area of academics, college/career, and social emotional development.

Hold, at minimum, a master's degree in school counseling.

Create and deliver comprehensive, data-driven school counseling programs that improve student outcomes.

School leaders working towards school improvement.

Programming for all students.



SCHOOL COUNSELORS WORK ACROSS 3 AREAS

Academic Advisement

- *Scheduling
- *4-Year Academic Plans
- *Graduation Status Monitoring
- *Credit Recovery Plans
- *Off-Track & At-Risk Students
- *Educating- Grad Reqs.
- *Educating - Study skills, etc.
- *Individual Advisements
 - *Group Lessons
 - *New Enrollments & Transcript Processing
 - *Refer to MTSS/SST

College & Career Guidance

- *Educating- Resources
- *Educating - Postsecondary Options
- *College Application Processing
- *Letters of Rec.
- *Facilitating Opportunities to Connect with Careers/Colleges
- *Individual Advisement
- *Group Lessons

Social Emotional Support

- *Promote Social/Emotional wellness & development for all students
- *Advocacy for student
- *Promote mental health awareness
- *Short-term, brief counseling
- *Educate - Resources, Coping Skills
 - *Resource Referrals
 - *Crisis Interventions
 - *Small group counseling
 - *Refer to MTSS/SST

SOCIAL EMOTIONAL SUPPORT

ASSESS

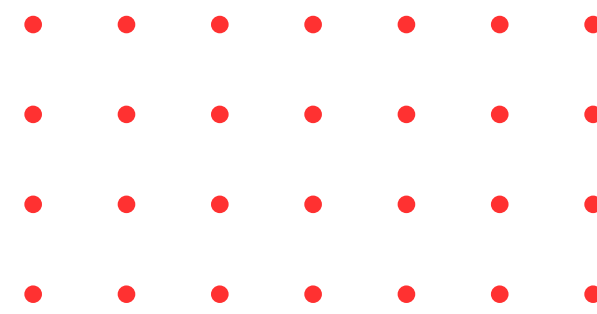
- *Often the first line of communication/outreach
- *View the whole child (across school & home)
- *Figure out the what/why

SUPPORT

- *Short-term counseling
- *Advocacy
- *Crisis Protocols
- *Data-driven interventions
- *Collaborate with parents/teachers/etc.

REFER

- *School Social Worker
- *Community Mental Health Partners
- *School-Based Interventions (MTSS, SST, Check & Connect, Etc.)
- *Emergency Resources



STUDENTS



- Counseling Office Walk-Ins
 - Office is open 8am-3:45pm
- Counselor at every Lunch Duty for general questions
- Email
- Request appointment via Counselor's QR Code
- Wellness Room in Counseling Office



PARENTS

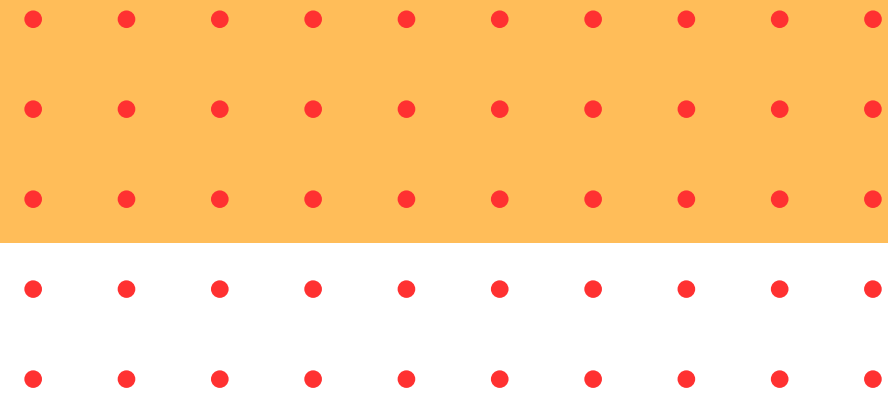
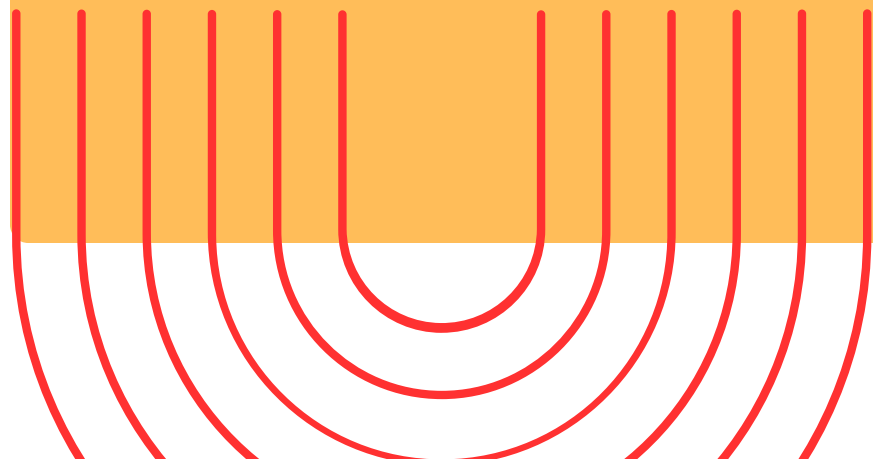


- Phone call
- Email
- Request meeting via Counselor's Calendly link
 - F2F, phone conference, or Microsoft TEAMS call

HOW TO
CONNECT WITH
THE SCHOOL
COUNSELORS

SCHOOL SOCIAL WORKER

Maiko Noiri-Schoen

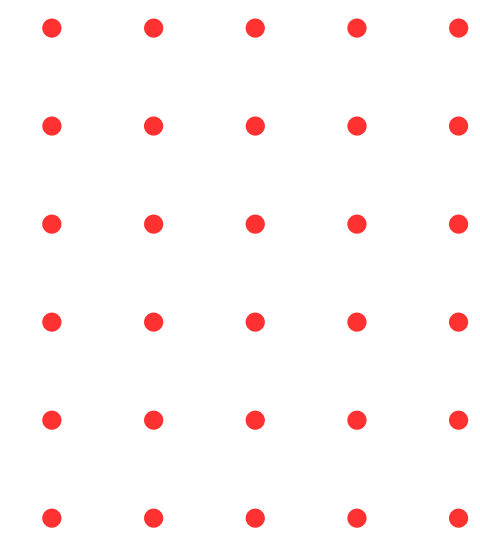
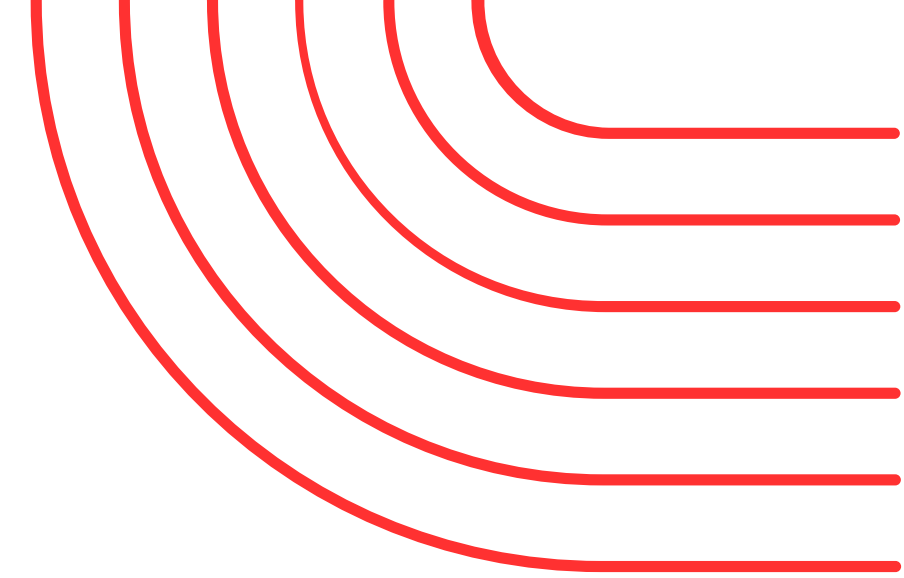


JCHS SCHOOL SOCIAL WORKER

- Maiko Noiri-Schoen
- 15+ years in social work
 - Community-based adult mental health for 10 years
 - 5 years with JCHS + FCS
- JCHS Mythology Club Sponsor

SCHOOL SOCIAL WORKER ROLE

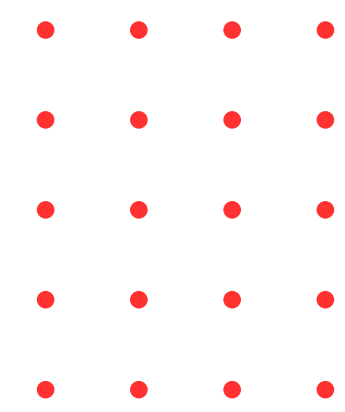
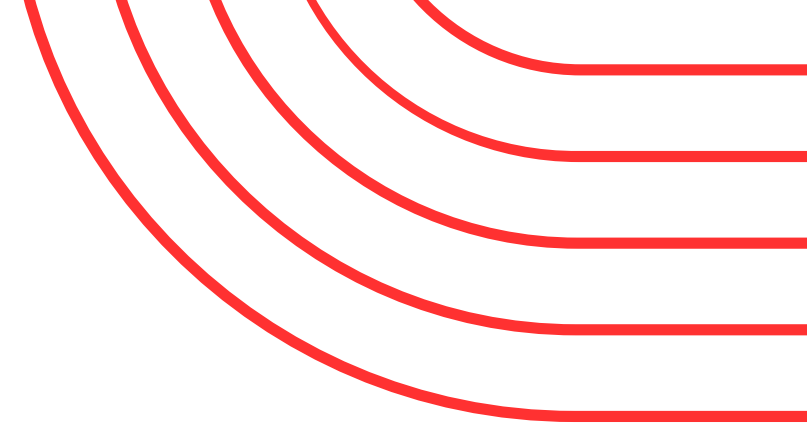
Professionals that work with students and families to meet immediate needs to remove barriers for students who are experiencing challenges and hardships.



LIAISON BETWEEN STUDENTS & FAMILIES, & THE COMMUNITY

Provide all students access to resources and interventions that promote student attendance, academic achievement, and personal growth of the whole child.

- Connection to resources
- Liaison with Summit Counseling
- McKinney Vento students, financial concerns
- Mental health support / crisis protocol
- Attendance support
- Small group counseling
- Individual support
- Parent University



CONTACT

SchoenM@fultonschools.org

470-254-2057

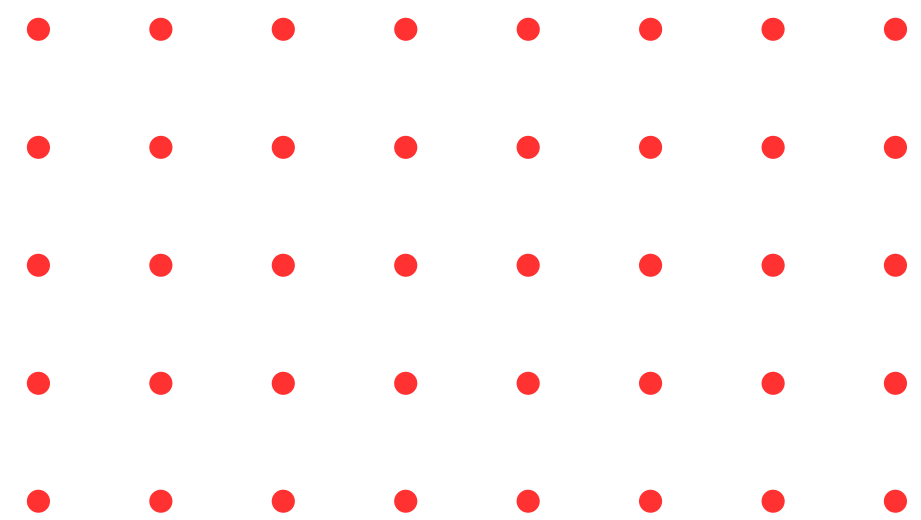
Office located within the JCHS Counseling Suite

DONATE FOR STUDENTS/FAMILIES IN NEED

Gently Used TI-84 Calculators

Purposity App

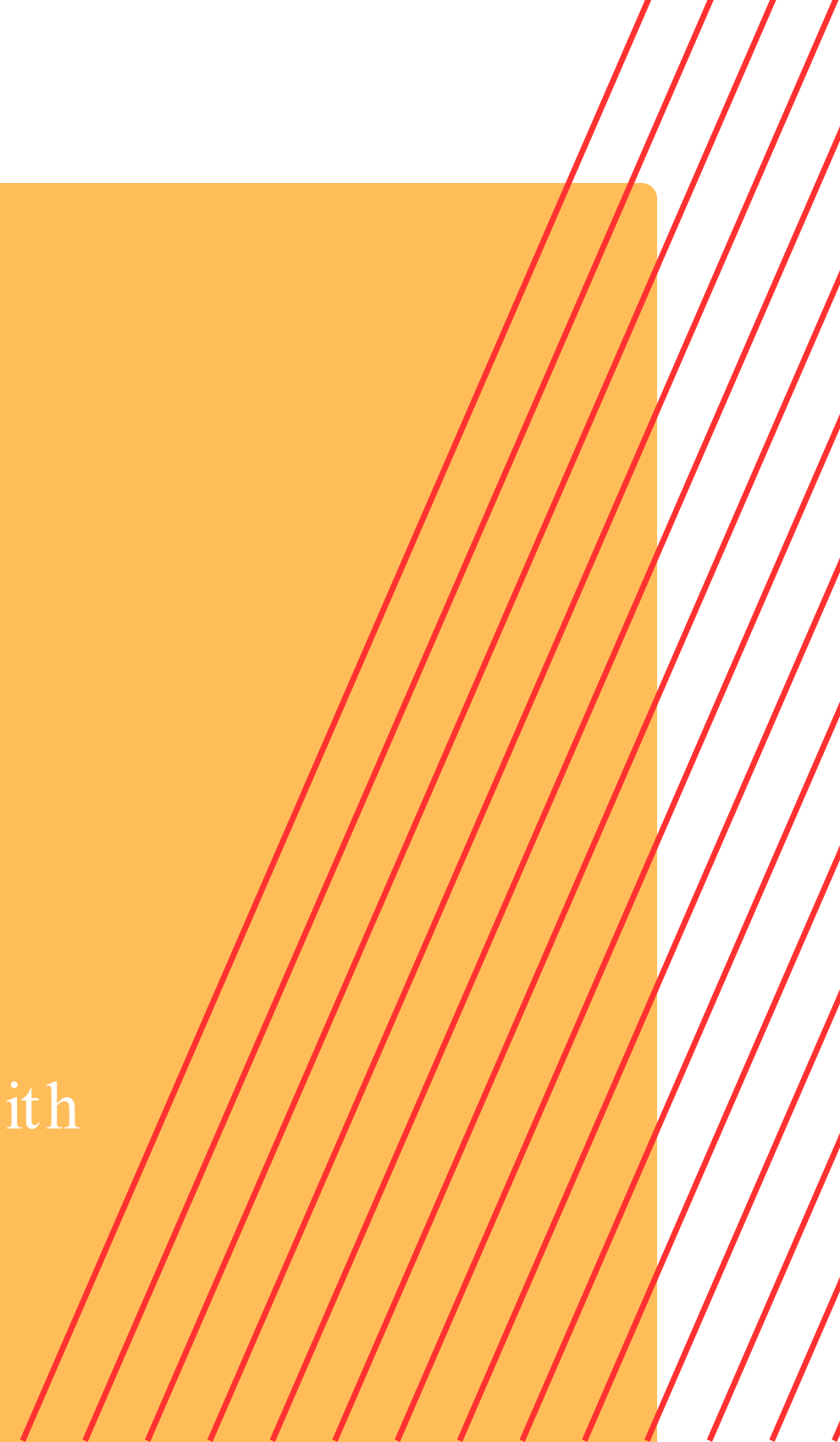
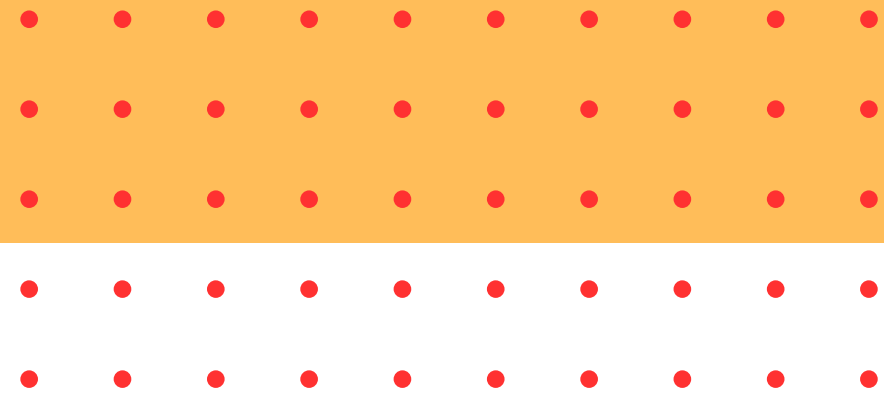
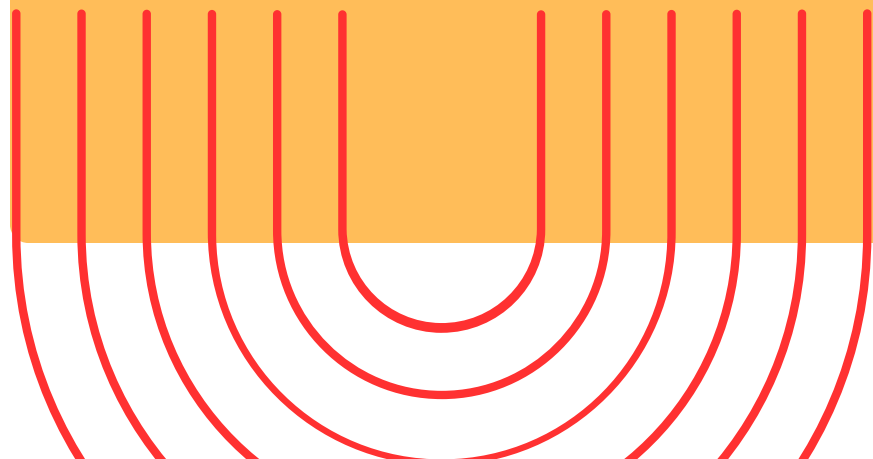
Other local needs

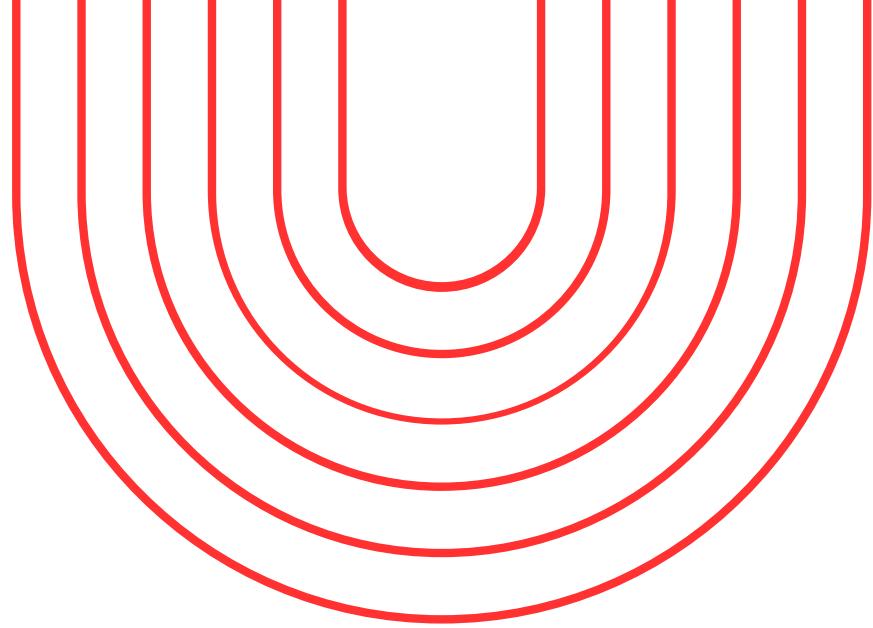


HOW TO
CONNECT WITH
THE SCHOOL
SOCIAL WORKER

SUMMIT COUNSELING

Alyssa Kiss, Madeline Redetzky, Charles Smith





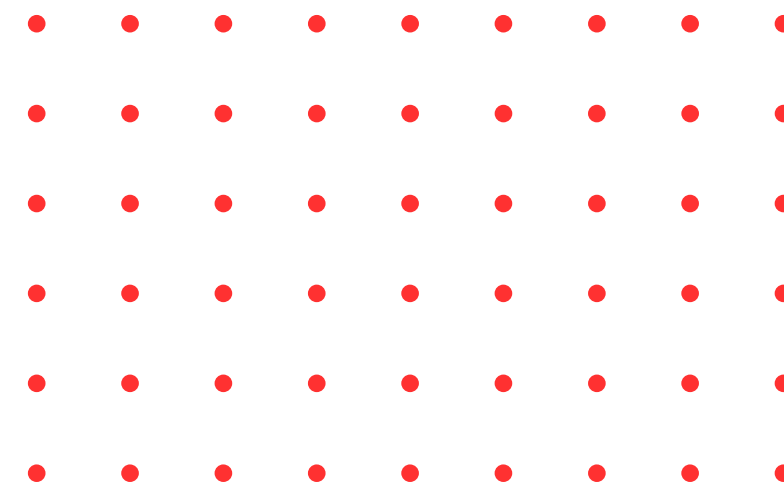
THE SUMMIT COUNSELING CENTER

A non-profit community agency that offers a full array of comprehensive behavioral health services.

SUMMIT COUNSELING SCHOOL-BASED MENTAL HEALTH

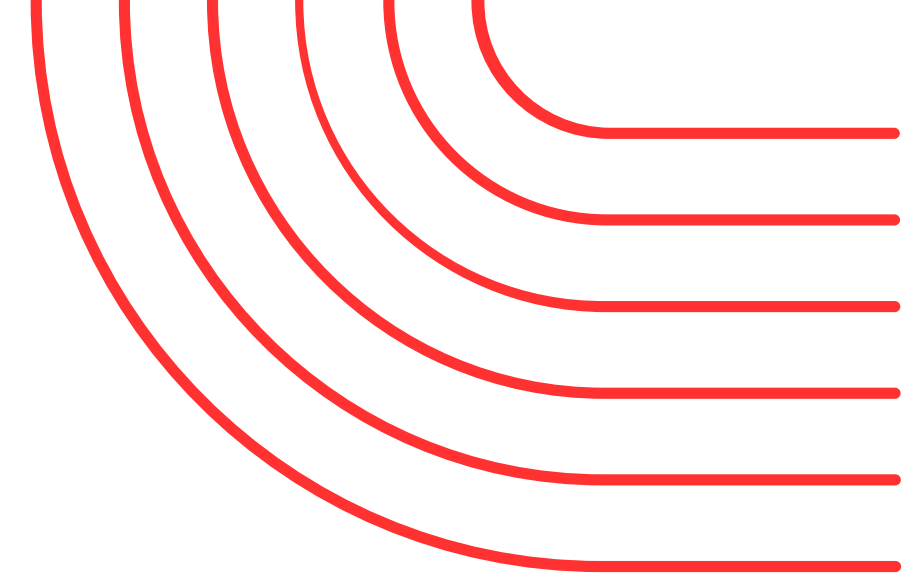
Partnership with schools, including Fulton County Schools, to offer confidential mental health therapy, conveniently located within the school. Students have the option to see their therapist during the school day.

The flexibility of meeting at school allows the therapist to quickly intervene and students get the help they need to achieve their best at school.



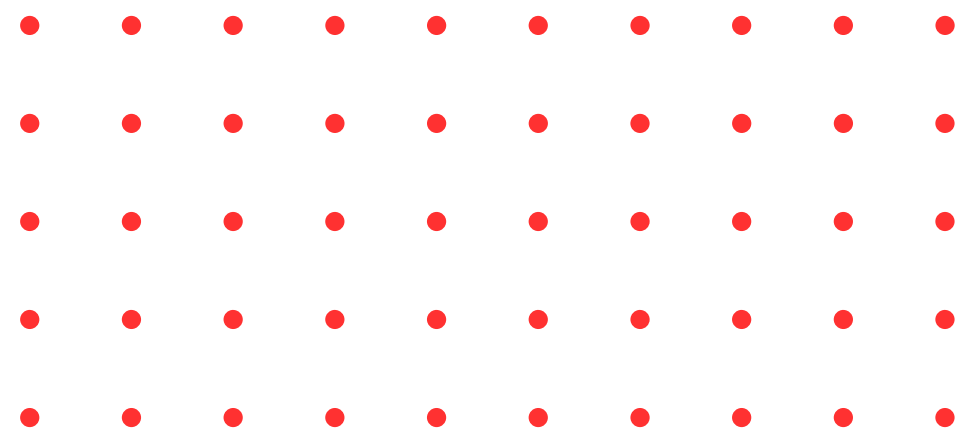
SUMMIT ON-SITE SERVICES

- Individual, Group, and Family Therapy
- Counseling small groups for students or parents
- Mental Health Presentations



COMMON ISSUES ADDRESSED

- Anxiety
- Bullying
- Depression
- Divorce
- Eating Disorders
- Family Issues
- Grief, Trauma, Loss
- Peer Relationships
- Self-Harm
- Self-Image
- Substance Misuse
- Suicidal Ideation



- REFERRALS CAN BE MADE BY:

- Parents
- Teachers
- School staff (Counselors, SSW, Admin)
- Students over the age of 18

- ONLINE REFERRAL FORM CAN BE FOUND AT:

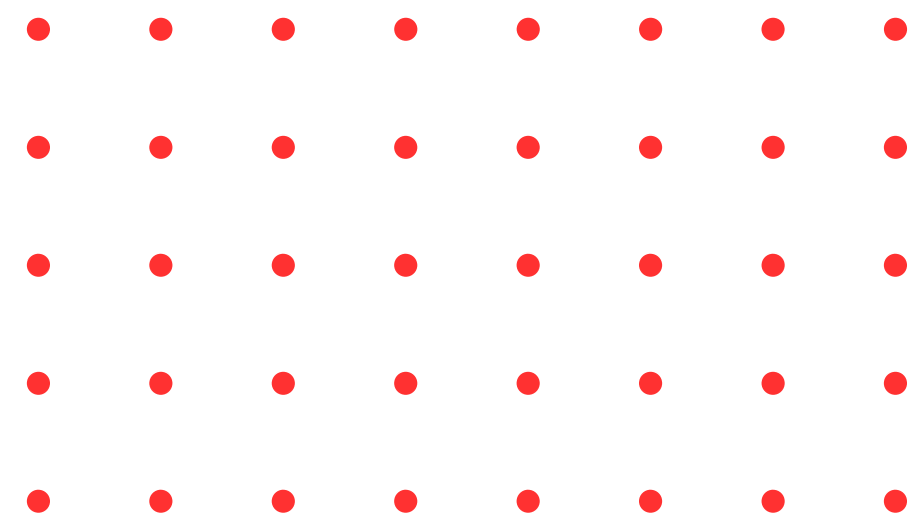
[HTTPS://SUMMITCOUNSELING.ORG/SCHOOLBASEDSERVICES/](https://summitcounseling.org/schoolbasedservices/)

- Outreach specialist will follow up within 48 hours

- FRONT OFFICE # : 678-893-5300

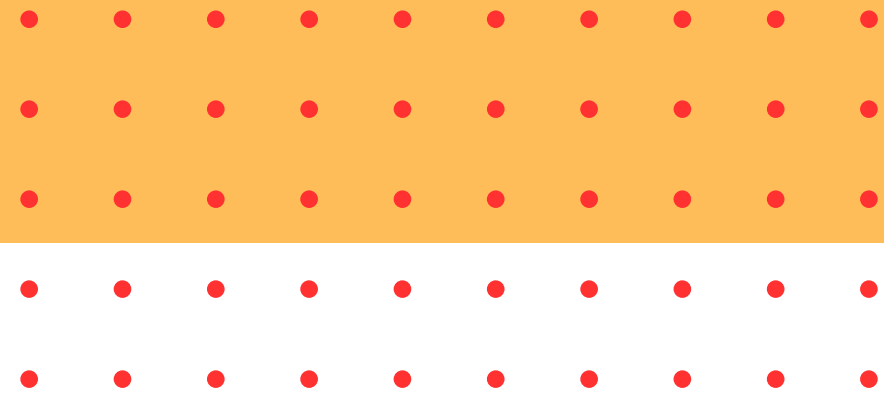
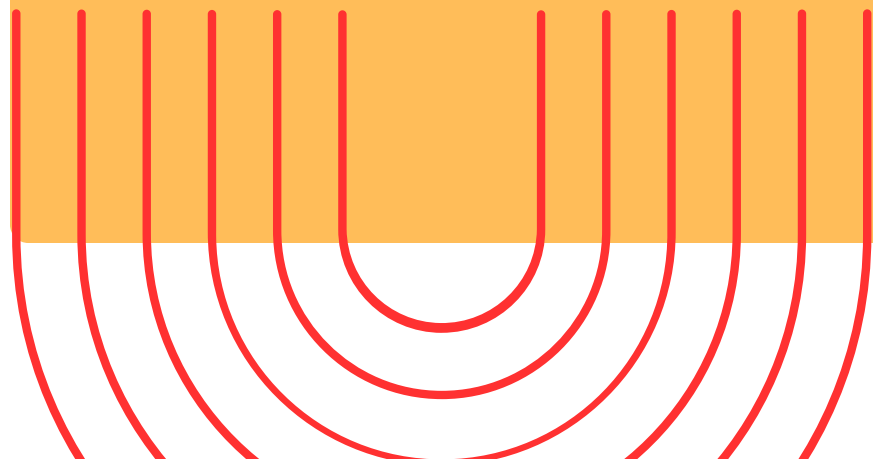
JCHS HAS TWO SUMMIT THERAPISTS THAT ARE ACCEPTING NEW CLIENTS. ALYSSA KISS AND CHARLES SMITH ARE AT JCHS MULTIPLE DAYS PER WEEK SEEING STUDENTS FOR SESSIONS IN THEIR PRIVATE OFFICE INSIDE THE SCHOOL.

HOW TO
CONNECT WITH
SUMMIT
COUNSELING



PATHWAYS2LIFE

Jeff Knapp, Kim Michelle, Ryan Stringfield





Pathways2Life

Rethinking Prevention



At Pathways2Life, we are Rethinking Prevention

...from the family room, to the classroom, and beyond.

1

Student Assistance

2

Parent & Family Support

3

Community Collaboration

Individual Support - Classroom Education - Focus Groups - Parent Support - Community Impact

Resilient people leading others to growth



Our Values

- Lead vulnerably
- Champion wholeheartedly
- Listen intently
- Collaborate selflessly
- Engage competently



WE CREATE
SAFE SPACES
FOR PEOPLE
AND
COMMUNITIES
TO ENGAGE
THEIR PAIN AND
FIND THEIR
PATH.



Pathways2Life
Rethinking Prevention

There is Another Way



Pathways2Life

Rethinking Prevention

The Pathways2Life **Diversion Program** is a partnership with schools, families, and students that supports our belief that **there is another way.**

This 3 session, brief intervention serves to facilitate a **restorative shift** in the student's thoughts and behaviors along with a **process of accountability.**



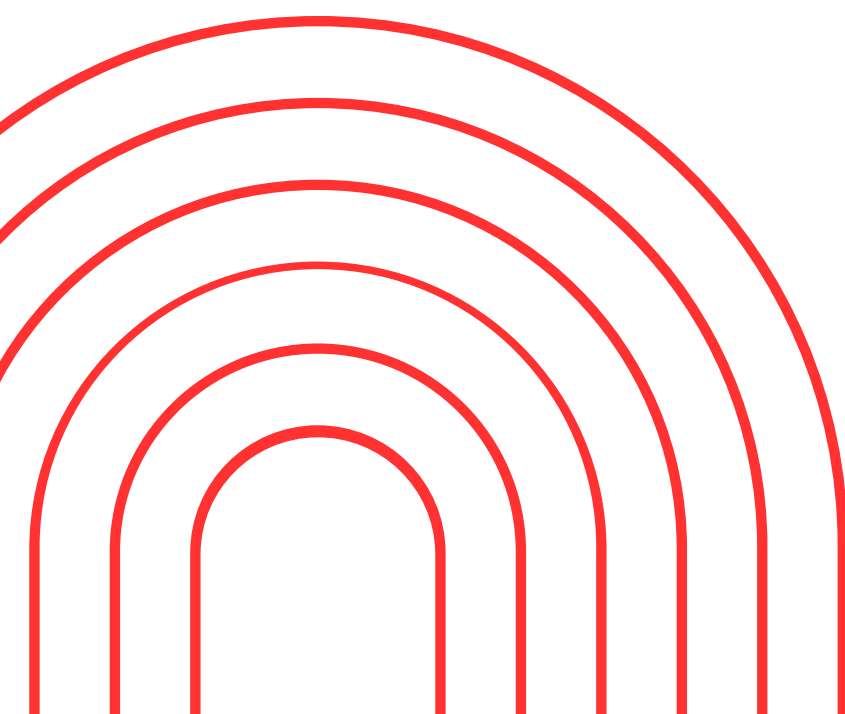
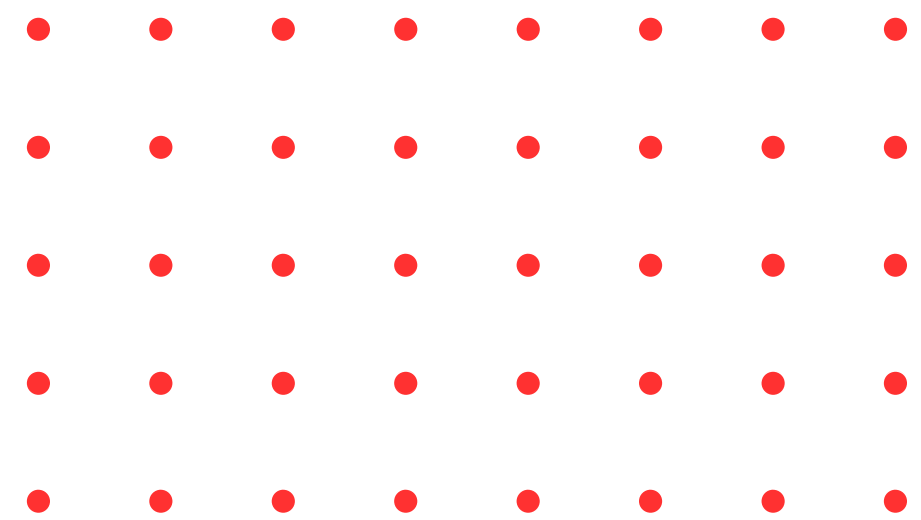
- **REFERRALS CAN BE MADE BY:**

- Admin
- School Counselors
- School Social Worker
- Parents
- Students

- **ONLINE CONTACT FORM:** pathways2life.org/contact/

- **FRONT OFFICE # :** 470-448-3900

- **WEBSITE:** pathways2life.org



HOW TO
CONNECT WITH
PATHWAYS2LIFE

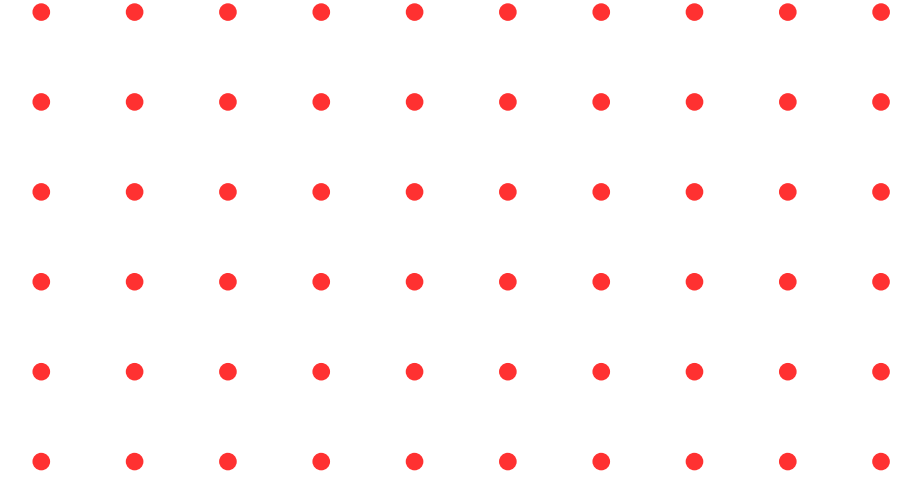


WE ARE ALL IN
THIS TOGETHER
FOR OUR
STUDENTS



TAKES A VILLAGE

Comprehensive approach to support our students.

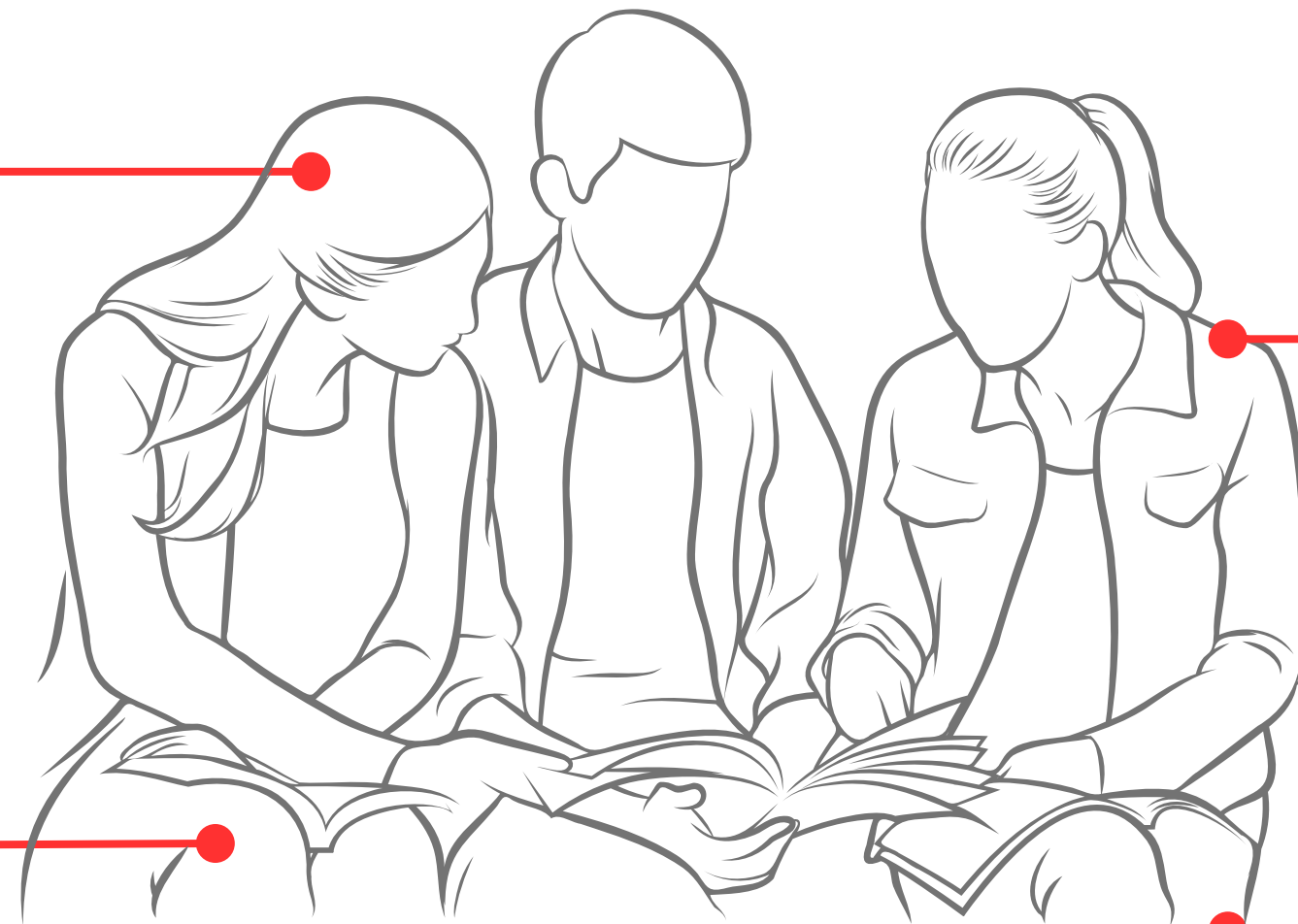


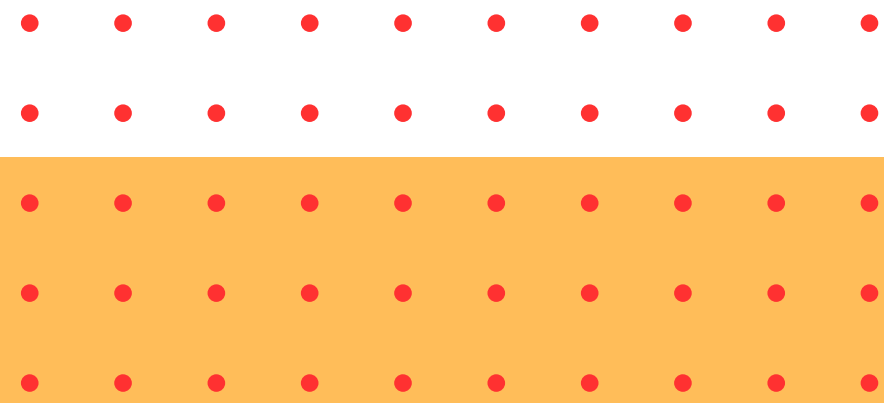
SCHOOL
COUNSELOR

SCHOOL SOCIAL
WORKER

OTHER
STAKEHOLDERS IN
STUDENT'S LIFE
(PARENTS,
COACHES,
TEACHERS, OTHER
TRUSTED ADULTS)

COMMUNITY
MENTAL HEALTH
PARTNERS





THANK YOU

Have any questions?

