

First Grade Special Areas Lesson Plans

See the schedule below for which day your child’s class attends each special. P.E. occurs twice each week and will have two lessons each week. Classes will be held in Microsoft Teams.

	Mon.	Tues.	Wed.	Thurs.	Fri.
Art	Smith	Reaves	Davis		Nattrass
Music		Nattrass	Smith	Reaves	Davis
P.E.	Davis / Nattrass	Smith	Reaves	Davis / Nattrass	Reaves / Smith

Art

Teacher Name: Mrs. Katzin
Standards: VA1.CR.2 Create works of art based on selected themes.
Content Vocabulary: Shapes
I can... identify and draw shapes. I can combine shapes to make objects.
Lesson description: <ul style="list-style-type: none"> • Ms. Katzin will read “Mouse Shapes” • Students will identify and draw shapes from the story
Materials: paper, crayons, markers, or colored pencils
Graded Assignment: participation and artwork

Music

Teacher Name: Ms. Dahl
Standards: ESGM1.PR.1b Echo simple singing and speech patterns ESGM1.PR.2b Perform on the steady beat
Content Vocabulary: Steady beat, voice
I can echo simple singing and speech patterns. I can perform a steady beat.
Lesson description: <ul style="list-style-type: none"> • Activity: Warm up with steady beat. <i>Chop, Chop, Chippity, Chop</i> • Echo simple Rhythm Patterns: Ta and ti-ti • Activity: <i>Pease Porridge</i>, identify rhythm symbols and introduce the quarter rest
Materials: Device, percussion instrument (optional)
Graded Assignment: Participation

P.E. Lesson 1

Teacher Name: Mr. Pearch
Standards: PE1.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness. c. Identifies the heart as a muscle that grows stronger with exercise, play, and physical activity.
Content Vocabulary: heart, muscle
I can identify my heart as a muscle that grows stronger with exercise.
Lesson description: <ul style="list-style-type: none"> • Warm-up: Jumping Jack and Plank Contest • Mini-Lesson: Heart • Activity: Fill It In Fitness • Lesson Review
Materials: Device
Graded Assignment: Self-assessment (in-class)

P.E. Lesson 2

Teacher Name: Mr. Pearch
Standards: Standards: PE1.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness. c. Identifies the heart as a muscle that grows stronger with exercise, play, and physical activity.
Content Vocabulary: heart, muscle
I can identify my heart as a muscle that grows stronger with exercise.
Lesson description: <ul style="list-style-type: none"> • Warm-up: Technology • Mini-Lesson: Heart • Activity: Fitness Bingo • Lesson Review
Materials: Device
Graded Assignment: Participate in class activities