

## Fourth Grade Special Areas Lesson Plans

See the schedule below for which day your child's class attends each special. P.E. occurs twice each week and will have two lessons each week. Classes will be held in Microsoft Teams.

	Mon.	Tues.	Wed.	Thurs.	Fri.
Art	Clymore	Healy	Sickle		Wood
Music	Wood		Clymore	Healy	Sickle
P.E.	Sickle	Clymore / Wood	Healy	Sickle / Wood	Clymore / Healy

### Art

<b>Teacher Name:</b> Mrs. Katzin
<b>Standards:</b> VA4MC.1 Engages in the creative process to generate and visualize ideas. VA4PR.1 Creates artworks based on personal experience and selected themes. VA4PR.2 Understands and applies media, techniques, and processes of two-dimensional art processes (drawing, painting, printmaking, mixed-media) using tools and materials in a safe and appropriate manner to develop skills.
<b>Content Vocabulary:</b> Line, Shape, Pattern, Color
<b>I can...</b> create a bubble letter name design.
<b>Lesson description:</b> Write your name I bubble letters. Use lines to create spaces in the background. Fill the spaces with patterns of lines and shapes. Color the design using crayons and paint. (This project will span 2 weeks)
<b>Materials:</b> paper, pencil, crayons, paint, water, paintbrush
<b>Graded Assignment:</b> Completed artwork

### Music

<b>Teacher Name:</b> Ms. Dahl
<ul style="list-style-type: none"> <li>• Standards: Perform by ear and from notations rhythmic patterns using body percussion as well as a variety of instruments with appropriate technique.</li> <li>• Read aloud rhythmic patterns including quarter note, quarter rest, paired eighth notes, beamed sixteenth notes, half notes, dotted half notes, and whole notes using traditional symbols in 2/4 and 4/4 meter.</li> </ul>
<b>Content Vocabulary:</b> beat, rhythm, quarter note, eighth note, half note, quarter rest, sixteenth note
<b>Learning Target:</b> I can perform a simple rhythm pattern.
<b>Lesson description:</b> <ul style="list-style-type: none"> <li>• Activity: "Rhythmic Training" (Students will echo rhythmic phrases in 4/4 time)</li> <li>• "Rhythm Basketball" practice</li> <li>• Rhythm Reading Practice assignment</li> </ul>
<b>Materials:</b> Device, percussion instrument (optional)

## P.E. Lesson 1

Teacher Name: Mr. Pearch

Standards: PE4.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.

a. Identifies physical activities which contribute to fitness.

Content Vocabulary: heart rate, pulse, health-related fitness

I can identify physical activities which contribute to fitness.

Lesson description:

- Warm-up activity
- Mini-Lesson (finding heart rate and how it relates to physical activities)
- Activity: Tabata Fitness
- Lesson Review

Materials: Device

Graded Assignment: Benefits of physical activity in-class quiz (assigned in Teams via Microsoft Forms)

## P.E. Lesson 2

Teacher Name: Mr. Pearch

Standards: PE4.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.

a. Identifies physical activities which contribute to fitness.

Content Vocabulary: heart rate, pulse, health-related fitness

I can identify physical activities that contribute to fitness.

Lesson description:

- Warm-up activity
- Mini-lesson (choosing physical activities that contribute to fitness)
- Activity: Playing card fitness
- Lesson review

Materials: Device

Graded Assignment: Participate in class activities

