

Third Grade Special Areas Lesson Plans

See the schedule below for which day your child's class attends each special. P.E. occurs twice each week and will have two lessons each week. Classes will be held in Microsoft Teams.

	Mon.	Tues.	Wed.	Thurs.	Fri.
Art	Chaffer	Harhan	Shepherd	Friedrichs	Korte
Music	Friedrichs	Korte	Chaffer	Harhan	Shepherd
P.E.	Korte / Shepherd	Chaffer / Friedrichs	Friedrichs / Harhan	Korte / Shepherd	Chaffer / Harhan

Art

Teacher Name: Mrs. Katzin
Standards: VA3PR1 Creates artworks based on personal experience and selected themes. VA3PR.2 Understands and applies media, techniques, and processes of two-dimensional art processes (drawing, painting, printmaking, and mixed-media) using tools and materials in a safe and appropriate manner to develop skills. VA3AR.1 Discusses his or her artwork and the artwork of others.
Content Vocabulary: Line, Shape, Pattern, Color
I can... create a bubble letter name design.
Lesson description: Write your name I bubble letters. Use lines to create spaces in the background. Fill the spaces with patterns of lines and shapes. Color the design using crayons and paint. (This project will span 2 weeks)
Materials: paper, pencil, crayons, paint, water, paintbrush
Graded Assignment: Completed artwork

Music

Teacher Name: Ms. Dahl
<ul style="list-style-type: none"> Standards: Perform by ear and from notations rhythmic patterns using body percussion as well as a variety of instruments with appropriate technique. Read aloud rhythmic patterns including quarter note, quarter rest, paired eighth notes, beamed sixteenth notes, half notes, dotted half notes, and whole notes using traditional symbols in 2/4 and 4/4 meter.
Content Vocabulary: beat, rhythm, quarter note, eighth note, half note, quarter rest
Learning Target: I can perform a simple rhythm pattern
Lesson description: <ul style="list-style-type: none"> Activity: "Rhythmic Training" (Students will echo rhythmic phrases in 4/4 time) "Rhythm Basketball" practice Rhythm Reading Practice assignment
Materials: Device, percussion instrument (optional)

P.E. Lesson 1

Teacher Name: Mr. Pearch

Standards: PE3.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.

b. Recognizes and compares the difference between resting heart rate and the heart rate after vigorous activity.

Content Vocabulary: heart rate, pulse, beat

I can check my resting heart rate.

Lesson description:

- Warm-up activity
- Mini-lesson: How to determine your resting heart rate
- Lesson Activity: Tabata Workout
- Review of lesson

Materials: Device

Graded Assignment: Benefits of exercise quiz (assigned in Teams-10 points)

P.E. Lesson 2

Teacher Name: Mr. Pearch

Standards: PE3.3 The physically educated student demonstrates knowledge and skills to help achieve and maintain a health-enhancing level of physical activity and fitness.

b. Recognizes and compares the difference between resting heart rate and the heart rate after vigorous activity.

Content Vocabulary: heart rate, pulse, beat

I can compare my resting heart rate to my heart rate after exercising.

Lesson description:

- Pulse check
- Warm up activity
- Mini-lesson: How does your heart rate change with exercise
- Activity: Playing Card Fitness

Materials: Device

Graded Assignment: Participate in lesson activities