



ALPHARETTA HIGH SCHOOL

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Good Morning Raiders,

Today is Friday the 13th & Today is World Kindness Day. How many random acts of kindness can you engage in today? Think about your teachers, your neighbors, your classmates... what gesture can you do today to honor the importance of kindness in our world, our community, our school and our classrooms. I would love to hear stories of your kind acts today, Raiders, via e-mail, Instagram or Twitter. #RaidersRKind

Parents and students, your 12-week progress reports have been finalized and can be accessed via Home Access Center or Student Access Center. Please review your 12-week grades closely and contact your course teacher with any questions.

Students, as we enter into the final weeks of the semester, final exams and the holiday season, you may find your stress level increasing. We all know these are challenging times. If you're ever in need, please know there's someone who will be a listening ear. AHS has **Text4Help**. It's a safe, anonymous and FREE tool you can use from your phone. Just text AHS Raiders to 844.201.9946 and within 3-5 minutes, a counselor will text back on the other end. This is a totally anonymous, confidential service provided to students. No charge, no tracking, no preaching. Just someone to listen and support you whenever you have the need. Take care of yourself, Raiders.

We continue our 2 weeks of gratitude leading up to Thanksgiving. We have dubbed today Fabulous Cranberry Friday. There is nothing like congealed cranberry to bring Thanksgiving dinner all together. So, today, we invite you to identify that person in your life that helps you to hold it all together. Reach out to that special person in your life today and let them know they are your cranberry sauce. Students, remember to bring in canned or boxed food for Student Council's Thanksgiving North Fulton Community Charities canned food drive to support families in need. Items should be turned in to your 3rd period teacher.

There will be an informational meeting for Girls Gymnastics on Wednesday, November 18th at 4:00 on Teams. Please email Ms. Kelly @Pamela Kelly for the link to the meeting.

The Alpharetta High Tennis Program will be holding its annual Player and Parent Meeting Thursday, November 19th @ 7:00 PM. If you are interested in playing Varsity or Junior Varsity Tennis, you and your parents will want to attend this virtual meeting. The link for the meeting will be available through this morning message transcript posted on our AHS website and in Teams for students. Link: <https://tinyurl.com/TennisInfoMeeting>

Finally today, please know that I am overwhelmed with gratitude for the amazing love and support our entire Alpharetta community has given my family and me this week as we mourn the loss of my beloved father, Ronnie Noell. A special thank you to Andrew Bolin, Letitia Etheridge and Student Council for my care package and the special student video message you sent to me yesterday. Additionally, thank you to Ira Jenkins, Jared Kaufman and our band and guard program for my families' care package, and thank you to Coach Kervin and the Alpharetta Football program for their symbolic gesture of having our players wear their Cardinal pants – instead of white- this evening at our away game at Roswell in honor of my father's life and passing. This color is the cancer awareness





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ribbon color for Multiple Myeloma, the cancer that truncated my father's life. I feel so blessed to be loved by this amazing community. We are one Raider Nation.

That's all for today, Raiders! Stay Safe!

