

1st Grade Daily Schedule

*We understand that all families are unique, this is a “suggested time schedule” to continue providing a balanced instructional day. If other time frames work best for your family, please feel free to make adjustments that better fit your family’s needs.

Suggested Time		Monday	Tuesday	Wednesday	Thursday	Friday
8-8:30am	30 min	Breakfast				
8:30-9am	30 min	I Ready <u>Math</u>				
9-9:20am	20min	Brain Break				
9:20- 9:50am	30 min	<u>Math</u> Lesson for the day				Math Assessment
9:50-10:10am	20 min	Media/Library	Music	Art	S.T.R.E.A.M	P.E
10:10-10:40am	30 min	Break/Snack				
10:40-11:10am	30min	I Read				
11:10-11:30am	20 min	Brain Break				
11:30-12pm	30 min	Lunch				
12-12:30pm	30min	<u>Reading</u> Lesson for the day				Reading Assessment
12:30-1:30pm	60min	Exercise/ Outside or Inside Play				
1:30-2pm	30min	Home and Family Activities/Chores				
2-2:30pm	30 min	Break/Snack				
2:30-3:30pm	60 min	Quiet Time/ Reflection/Read or Listen to a Story				
3:30-4:30pm	60 min	Indoor Play/ Yoga & Meditation				

*Suggestion for Parents: Students can complete Independent assignments or RTI Teleschool Activities between 3:30 – 4:30 or during the Quiet Time/Reflection/ Read or Listen to a Story time.