Join us for a community screening and panel discussion.
SCREENAGERS: Growing Up in the Digital Age
Thursday, August 29th
9:00am
Mount Pisgah UMC
2850 Old Alabama Rd.
Johns Creek

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time - friction she knew all too well.

SCREENAGERS takes a deeply personal approach into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

REGISTER NOW

North Fulton Mental Health Collaborative is open to the community.
Follow us on Facebook to learn about upcoming meetings and community events. [https://www.facebook.com/NFMHC/](https://www.facebook.com/NFMHC/)
For more information about the North Fulton Mental Health Collaborative contact Whitney Emrick at 678-893-5336 or wemrick@summitcounseling.org