

Ridgeview Athletics

Requirements for Try-outs and Participation in Sports

A current and valid physical is required prior to any student athlete being permitted to try-out or participate in a sport. Physicals can be obtained at most medical facilities, including pediatricians, doctors, and urgent care clinics. Physical packets must be fully completed; otherwise, incomplete physical packets will be returned to the student-athlete and will prohibit attendance and/or participation at try-outs or games.

Complete physical packets should be turned in to Coach Dixon or Coach Lloyd only (Room 209).

The "Required Athletic Paperwork" section at right has the sports physical packet.

Sports Offered

Fall Sports	Winter Sports	Spring Sports
(FCS) designated an RCMS and school-supported opportunity (7th & 8th grade participants only)		
(F) designates an RCMS Foundation-supported opportunity (6th-8th grade participants)		
Boys & Girls Cross Country (F)	Gymnastics/Tumbling (FCS)	Boys Baseball (F)
Boys Soccer (F)	Boys & Girls Tennis (FCS)	Girls Soccer (F)
Co-Ed Soccer (FCS)	Girls Basketball (FCS) (F)	Boys & Girls Track (FCS)
Girls Softball (F)	Boys Basketball (FCS) (F)	
Girls Volleyball (FCS) (F)		
Boys Volleyball (FCS)		

Fall and Winter Sports Physical Due Dates: August 12, 2022

Spring Sports Physical Due Dates: January 6, 2023

*****No Exceptions**

Physical Packet

[Physical Packet English](#)

[Physical Packet Spanish](#)

Insurance

If you need to purchase school insurance, please [click here](#).