

I'm Board!

Cohen

Playing cards and board games have many benefits for students. For one, these activities help build problem solving skills. Students will also get to teach games to other students and learn games from other students, helping to build memory, instructional skills, and collaboration skills. In addition, playing cards and board games help reduce stress by allowing students to have fun and laugh with their peers. Students will be expected to bring in their own board games and playing cards and take responsibility for their own materials. Students will also need to keep track of the game play if the Anchor Time period is not enough to finish a game. The environment will be kept neat and noise level will be maintained at a proper level.

Science Olympiad

Adegbaju

Time is a valuable commodity when preparing for competition, but shared time is critical. The Science Olympiad Anchor Time course will provide the necessary conditions for student teams to prepare for engineering and exam-based competitions that may be difficult to achieve outside of school. In addition, this time will be used to disseminate information and receive collective feedback from competitors.

Check, Matie!

Davis

In this enrichment course, Raiders will be exposed to the world of playing CHESS. Playing chess teaches planning and foresight and helps develop problem solving skills, foster self-confidence, increase creativity, improve memory and concentration, and enhance decision making skills. It's a great way to exercise your brain (both the left and right sides) and is a game you can play for the rest of your life! Chess is a "sport for the mind."

Raider Walk & Talk

Torbert

This enrichment activity would allow students to take time to go outside each day (weather permitting) to breathe fresh air, stretch their legs, and enjoy time to get to know each other. When walking outside, I can feel my tension and anxiety loosen and the added blood flow to the brain doesn't hurt either. At times, I will provide topics we can discuss on the walk, students can pose concerns or stressors they are experiencing, or we can just pick up on a conversation by discussing our peaks and pits for the day. This is ideal time for students who need to get away for just a few minutes to realign their mental and emotional strength.

Chinese Calligraphy

Zhang

In English, "calligraphy" literally means "beautiful writing." It is one of the Chinese traditional arts and a written form that unites the languages spoken in China. It is seen on the walls of offices, shops, hotels, and houses everywhere. Picasso, the world-famous master of art, once expressed: "If I once lived in China, I must have become a calligrapher rather than a painter". During this enrichment class, we will learn, appreciate, and practice Chinese calligraphy, including different styles/stages in history, brush writing, and pen writing, etc. Students will have extra time other than regular Chinese class time to explore and practice this wonderful art.

LINK Crew Leadership

Myers

This anchor time enrichment is open to current LINK crew leaders or prospective LINK crew leaders. The focus of the anchor time will be to spend time preparing for freshmen mentoring, small group activities, and social events that fall under the auspices of LINK crew.

NOTE: Participation in this enrichment is limited to sophomores, juniors, and seniors.

Unified Raiders

Schlusser

Unified Raiders integrates the Special Education and General Education students through both social and athletic activities. During Anchor Time, students engage in various activities with special education peers providing a positive social environment. We also offer opportunities to earn service hours and to have fun by planning social events, Special Olympic events and creating a yearbook for the special education students at AHS.

Ready to register?

Follow the link below or use the QR code to complete the form!

<https://forms.office.com/r/Xh4gdEZhRh>

