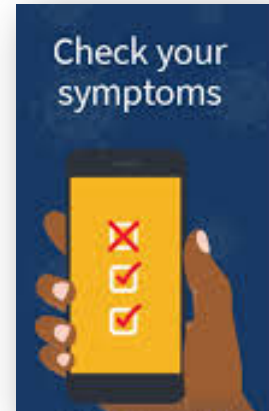


Wellness and Personal Hygiene

Employee Wellness Check

As part of our commitment to ensuring a healthy and safe environment, your health and well-being are of the utmost importance and we are taking measures to keep our buildings, schools and offices a safe environment for employees, visitors and other individuals that enter our facilities. Therefore, we are implementing the following Employee Wellness Check - Self Assessment Guidelines. Your role in committing and adhering to these guidelines will help keep yourself and others safe. Your safety is paramount! Prior to returning to work, you are required to conduct a health self-assessment for the safety of yourself and your fellow colleagues.



Self-assessment - Wellness Check:

Prior to coming to work or to any on-site Fulton County School facility, please screen and ask yourself the following questions:

1. Do you have any of the following symptoms: YES or NO (IF YOU ARE SICK OR ILL, STAY HOME!)

- Fever/temperature or chills at or above 100.4 or sense of having a fever
- Cough that you cannot attribute to another health condition
- Shortness of breath or difficulty breathing
- Ongoing fatigue that cannot be attributed to another health condition
- Muscle or body aches that you cannot attribute to another health condition or a specific activity such as physical exercise
- Headache that cannot be attributed to another health condition
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting or diarrhea that cannot be attributed to another health condition

Please note: if you have pre-existing medical conditions, please know your base line and/or what would be considered out of the norm for you with regards to your health status.

2. You been in contact with someone who was confirmed or suspected to have COVID-19? (YES or NO)

If you answered **YES** to either of these questions, **DO NOT REPORT TO ANY FCS BUILDING! STAY HOME**, contact your supervisor immediately, and follow the HR guidance for entering the appropriate SICK LEAVE. Should symptoms persist for **72 hours or more**, employee should report symptoms, COVID-19 exposure and/or testing to COVID19reporting@fultonschools.org (see *Section: FCS Employee Leave for additional details*).