



# Know When To **STAY HOME WHEN SICK**

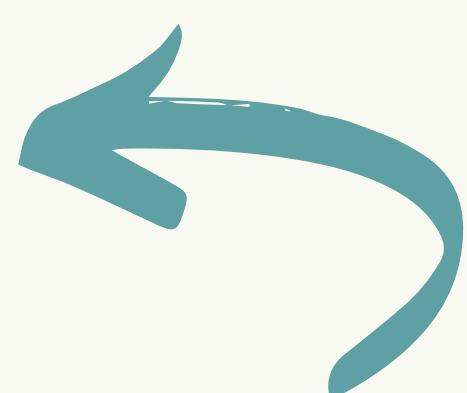
## Symptoms like

- Sore Throat
- Cough and Congestion
- Shortness of Breath
- Runny Nose
- Fever and Chills
- Diarrhea

**are common symptoms of viral illnesses!**

Viral illnesses like flu, RSV, Covid-19, and others are all going around! Keep your child at home if they are exhibiting any of these symptoms. They should remain at home until symptoms have improved and they have been fever free without medicine for 24 hours.

**Practicing good hand hygiene, getting a flu shot, and staying home while sick help keep everyone healthy!**



Scan the QR code  
to learn more!

