
FULTON COUNTY



**GHSA Spring Sports
Handbook**

Updated 1/21/21

Spring Sports Handbook

Tennis, Gymnastics, Soccer, Track, Baseball, Lacrosse & Golf

I. FCS Infectious Disease Template

Purpose

With the recent occurrence of COVID -19 and concerns for re-opening of high school athletics, the following guidelines are being implemented. These guidelines are for the protection of all, athletes, coaches, athletic training and other medical personnel, and affiliated support staff in accordance with current Governor's Office, Centers for Disease Control and Prevention (CDC), and Georgia High School Association (GHS) guidelines/policies. These guidelines may be updated as information, and research is updated. It has been established by health care authorities and leaders to have a process for screening and educating athletes, parents, and staff to self-monitor and report pertinent changes as they are encountered.

Process for Screening and Testing

1. Every athlete, coach, or staff member will be screened prior to participating in any workout using the attached (school generated) COVID 19 screening form and all screenings will be documented.
2. If a student, coach, or staff answers yes to any of these questions, they may not enter the building and will be sent home. Their household members will also be sent home. The head coach and AD will be notified. The individual and their household members will not return until permitted by the District, in consultation with health care providers and public health officials, as needed.
3. If at any time an athlete/coach tests positive for COVID 19 or comes in contact with someone who tests positive, **that individual, their household members, and** all other members of that workout group will be notified and will not be allowed to return until approved by the District, in consultation with public health officials.
4. In case of a failed screening by a coach/player, the coach will complete and email the form to the Athletic Director for filing purposes. All other forms will be submitted to the school AD at the end of the week.
5. Self-monitoring is to be instituted continuously. All athletes, coaches, and staff are to be educated as to the importance of and signs to be monitored via this process.

Athletic Training Clinic Procedures

1. One athlete per athletic trainer will be allowed in the clinic at a time.
2. At this time, the clinic will be utilized for major rehab and acute injury care only.
3. At home rehabs will be utilized when possible.

Cleaning Procedures

Athletic Training Clinic

1. Every table will be cleaned at the beginning of each day and after each student athlete is treated.
2. Athletic Training staff will wash hands or use hand sanitizer before and after contact with every patient. Gloves should be used for every contact with every patient.
2. All reusable equipment to be cleaned after use by each athlete.
4. Personal Protection Equipment (PPE) to be provided and worn / used as indicated.
5. All disposable goods and PPE to be disposed of properly.

Weight Room

1. The weight room must be cleaned prior to each workout.
2. Each weight bench must be sanitized after every use.
3. Wipes and hand sanitizer will be available in the weight room
4. After the last session of the day, the coach should use the sprayer to spray down the entire weight room.
5. Custodians should clean the weight room each night.

Other Equipment

1. Any equipment used during workouts will be cleaned prior to workouts beginning and immediately following each workout.
2. Any equipment used by an athlete during a workout will be cleaned prior to use by any other athlete.

II. Screening Process for Coaches and Student Athletes

1. Do you or have you had a fever in the last week?
2. Have you had any respiratory or flu-like symptoms in the last week (coughing, vomiting, sore throat, nausea, shaking with chills, shortness of breath, and/or loss of smell or taste)?
3. Have you been diagnosed with COVID-19?
4. Have you been in contact with anyone diagnosed with COVID-19?
5. Are you or anyone in your household pending a COVID-19 test?

A. Process for Screening and Testing

1. Every athlete, coach, or staff member will be screened prior to participating in any workout using the attached COVID 19 screening form and all screenings will be documented.
2. Coaches must record their temperatures on the monitoring form.
3. If an athlete/coach answers yes to any of the screening questions, that individual, and any of their household members (siblings), will be sent home. The head coach and AD will be notified. The individual and their household members will not return until permitted by the District, in consultation with public health officials or appropriate health care providers. If at any time an athlete/coach tests positive for COVID 19 or comes in contact with someone who tests positive, all other members of that workout group will be notified and will not be allowed to return until cleared by the District, in consultation with public health officials. In case of a failed screening by a coach/player, the coach will complete and email the form to the Athletic Director for filing purposes. All other forms will be submitted to the school AD at the end of the week.
4. Self-monitoring is to be instituted continuously. All athletes, coaches, and staff are to be educated as to the importance of and signs to be monitored via this process.

B. Protocols for Daily Sessions

1. Prior to the start of training sessions, the schools/coaches must schedule their student athletes and sports. Try to keep them in small groups if possible.
2. Each student will answer the COVID-19 questions listed on the student athlete monitoring form. If a student answers yes to any of these questions, they may not enter the building and will be sent home. Their household members will also be sent home. The head coach and AD will be notified. The individual and their household members will not return until permitted by the District, in consultation with public health officials.
4. Temperature checks for each student athlete and coaches are required. Thermometers will be provided by FCS Athletics for use at each school.

5. The coach/trainer must complete the student athlete/staff monitoring form every single day (temperatures and questions). If a coach/trainer answers yes to any of these questions, they may not enter the building and will be sent home. Their household members will also be sent home. The head coach and AD will be notified. The individual and their household members will not return until permitted by the District, in consultation with public health officials or healthcare personnel.
6. Each student must wash their hands prior to starting workouts.
7. Coaches need to encourage students to not rub their eyes or wipe their mouths with their hands while they are working out.
8. All FCS staff must wear a mask for all conditioning/weight training sessions. It is encouraged that student athletes wear masks while working out inside.
9. Social Distancing must always be practiced.

C. Cleaning Procedures for the Weight Room

1. The weight room must be cleaned prior to each workout.
2. Each weight bench must be sanitized after every use.
3. The entire room must be cleaned at the end of the night.
4. Wipes and hand sanitizer will be available in the weight room
5. After the last session of the day, the coach should use the sprayer to spray down the entire weight room.
6. Custodians should clean the weight room each night.

D. Student Questionnaire and Chart

If a student answers yes to any of these questions, they may not enter the building and will be sent home. Their household members will also be sent home. The head coach and AD will be notified. The individual and their household members will not return until permitted by the District, in consultation with health care providers and public health officials, as needed.

FCS COVID-19 Coach/Athlete Monitoring Form		School		Sport		Group		Date																	
Are any of these things true NOW or have they been true in the LAST WEEK?																									
Circle Yes/No below																									
Name	Time	Fever		Cough		Sore Throat		Shortness of Breath		Recent Loss of Taste or Smell		Vomiting or Nausea		Shaking with Chills		Close contact, or cared for someone with COVID-19		Diagnosed with Covid 19		Are you or anyone in your house waiting on a Covid 19 test Result		Temperature (if higher than 100.3 F) Record actual temp		Physical and Dragonfly paperwork is completed	
Coaches		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No				
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No				
Student Athletes		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No				
		Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No				

Overnight Trips

As it stands now, FCS will not approve any out of state field trips or overnight trips. If you need to spend the night for playoff events, please reach out to your AD immediately. They will contact Dr. Craft to discuss.

Outdoor Capacity Limits

Football Stadium – Lacrosse, Track, and Soccer

1. Capacity
 - a. FCS will determine the maximum capacity at each home stadium. The capacity will be based on 30% capacity of the stadium.
2. Health Standard
 - a. Each spectator will be temperature checked and screened prior to entering the stadium.
 - b. Each spectator will be required to wear a mask while attending the sporting event.
 - c. Social distancing will be required. (Signs and posters)

School	Stadium Capacity	30% Capacity	25% visitors	Parents	Students	Booster Pass	GHSA/Teacher Pass
Alpharetta	2500	750	187				50
Banneker	3733	1120	280				50
Cambridge	3736	1121	280				50
Centennial	3144	943	236				50
Chattahoochee	3491	1047	262				50
Creekside	2500	750	187				50
Johns Creek	3749	1125	281				50
Langston	3741	1122	280				50
Milton	2794	838	209				50
N. Springs	3099	930	232				50
Northview	2702	811	203				50
Riverwood	2300	690	172				50
Roswell	2739	822	205				50
Tri-Cities	2581	774	193				50
Westlake	3076	923	231				50

The school starts with the 30% capacity, subtracts the visitor allotment, then determines the number of tickets necessary to offer two tickets to the parents of football, cheer, band. The remainder of tickets can go to the students. Encourage the spectators using GHSA passes and teacher IDs to sit in the endzone (family and teacher zone).

Please feel free to offer more than 25% of the tickets to the visiting team. This will be left up to the host school.

Baseball Stadiums

1. Capacity
 - a. **Capacity will be 200 spectators.**
 - b. Spectators are encouraged to bring lawn chairs/stadium seats to spread out along the fence lines.
2. Health standards
 - a. Each spectator will be temperature checked and screened prior to entering the stadium.
 - b. Each spectator will be required to wear a mask while attending the sporting event.
 - c. Social distancing will strongly be encouraged. (Signs and posters)

Use of Locker rooms

We will start allowing teams and schools to use locker rooms if necessary. We would like to keep them as a storage area only, but we do understand that the athletes need a place to change and store their belongings. Coaches always need to monitor the usage of the locker room. **Athletes are not be allowed to congregate and hang out in the locker rooms.**

- A. Coaches can start using locker rooms if necessary.
- B. FCS will provide a dressing facility for any away teams that request the facility.
- C. Make sure you maximize social distancing in the locker room
- D. All facilities must be cleaned prior to and after each use.
- E. Masks are strongly encouraged for all athletes inside the locker rooms.

Gate Workers

1. Gate workers will be screened prior to each event – screening questions and temperature checks. The game manager/administrator will conduct the screening and use the form provided.
2. Gate workers will always be required to wear masks and use gloves when handling money and tickets.
3. Digital tickets only for baseball, soccer, lacrosse, and track – use Go Fan,
 - a. Set the limit of tickets for sale (visitor, parents, students, etc.)
 - b. Sell tickets ahead prior to the game
 - c. Gate workers would scan or tap their tickets on their phone to redeem
 - d. Go Fan would handle refunds
 - e. Allows to control the number of fans attending the event
4. Reduction of staff for gates – less interaction
5. The school can sell tickets at the game using the Go Fan card readers.
6. **Maximize your ticket area, creating space for ticket checks as well as screening process. We need to create space for proper social distancing as fans enter the events.**

Concession Stands

1. Schools can operate concession stands. Social distancing for lines needs to be marked off.
2. **They need to serve sealed and prepackaged food and drinks only.**
 - a. Water, soda, candy, and chips are all acceptable items
 - b. Prepackaged chick-fil-a sandwiches or pre-made jimmy johns or subway sandwiches are acceptable (items must be individually wrapped)
 - c. Microwavable popcorn is allowed because it is sealed, no use of popcorn machines
 - d. Hot dogs, hamburgers, fries, and pizza are not allowed to be served
 - e. Do not serve sunflower seeds or peanuts.
 - f. Concessions are not approved to make food at this time
3. Concession workers need to be temperature checked. They also need to answer the screening questions. The screening and temperature checks will be done by the administrator on duty or game manager. We will create a screening form for each fall sport.
4. Concession workers need to wear masks and gloves when working.
5. **Outside Vendors** – the use of outside vendors will be limited. Only vendors that are selling prepackaged foods or drinks will be allowed at this time (Smoothie King, Dippin Dots if prepackaged, Etc.).

Pre-Game Meals

1. These can be served. If they are not pre-packaged foods (containers that need to be served), then we need 1-2 adults serving the players. The servers need to be masked, wearing gloves, and screened prior to serving. Social distancing needs to be enforced while the students get served. If players are being served, they will need to wear a mask going through the serving line.

Baseball

1. Please follow all guidelines established by the GHSA referring to the cleaning of helmets, bats, balls, etc.
2. Attendance for baseball games will be capped at 200 spectators. Fans are encouraged to bring lawn chairs to spread out.
3. Concession stands are not allowed to sell sunflower seeds.
4. 9th grade and JV teams will be delayed until Feb. 8th.
5. Encourage fans to bring lawn chairs to spread out around the stadium.

Track

1. Any schools hosting a meet with 8 or more teams must submit their meet plan to their school AD and Dr. Craft – number of participants, where the teams will be placed to social distance, moving fans in and out of the stadium, etc.
2. Consider limiting the number of participants per team
3. If hosting an event with more than 4 teams, use the 2 spectators per athlete rule for attendance.
4. Consider scheduling different sessions to reduce the number of spectators.
5. Work on a transportation plan for meets during the week.
6. Consider some JV only meets.
7. **Divide your team into small groups for practice to limit daily interaction of the athletes – use pods of distance runners, sprinters, throwers, jumpers, etc.**

Lacrosse

- A. Please follow any guidelines issued around the cleaning of equipment by the GHSA.
- B. Tryouts need to be completed by Thursday 1/21/21.
- C. All JV practices and contests are delayed until 2/8/21.
- D. See stadium capacity listed previously.
- E. Avoid using swing players between JV and Varsity.

Gymnastics

Follow all guidelines established by the gyms that you are using for practices and meets.

Golf

Follow all guidelines established by the golf courses that the team uses for practices and matches.

Tennis

Spectators will be limited to 100 people. They need to spread out around the courts. Any pre-game meals need to be prepackaged food items. Buffet style meals are not allowed.

Soccer

1. Attendance will be based on the stadium capacity.
2. Try to avoid using swing players between JV and Varsity.
3. Follow any specific guidance issued by the GHSA.
4. All JV practices and contests are delayed until 2/8/21.

Spring athletes need to stay with their spring sports. For Example: They do not need to attend practice with the track team and attend a workout with the football team.