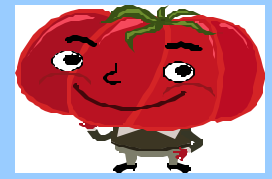



The daily menu is subject to change without advanced notice.

Fulton County Elementary School Lunch Menus October 2008



National School Lunch Week is October 13-17, 2008. Support your school lunch program by choosing a variety of healthy options including fresh salads, fruits and vegetables, and whole grain products.

The following milk choices are offered daily:
2%, 1%, Skim,
Chocolate &
Strawberry

		1 Turkey & Gravy with Rice and Roll Pizzas Glazed Carrots, Broccoli Salad Spiced Apples, Fresh Banana Chicken Tender Salad Plate Tuna Salad Sub Plate	2 Tacos with Mexican Rice Pepperoni Pizza Lettuce & Tomato, Mexican Corn Pears, Orange Juice, Cookie *Yogurt & Cheese Pak Grilled Chicken Salad Plate	3 Fish Nuggets with Roll Hamburger with Lettuce & Tomato Baked Beans, Cole Slaw Fruit Cocktail, Fresh Apple *Fruit & Yogurt Salad Plate Pizza Pak	
6 Macaroni & Cheese with Ham, Roll Chicken Sandwich Sweet Potato Patty, Broccoli Applesauce, Fresh Orange *Fruit & Yogurt Salad Plate Turkey & Cheese Sub Plate	7 Country Fried Steak and Roll Stuffed Crust Dippers Whipped Potatoes, Green Beans Apricots, Apple Juice Chicken Tender Salad Plate Turkey Ham & Cheese Sub Plate	8 Vegetable Beef Soup with Grilled Cheese BBQ Chicken Sandwich Fries, Baby Carrots w/ Salad Dressing Peach Pop, Fresh Apple *Yogurt & Cheese Pak Tuna Salad Plate	9 Oven Fried Chicken with Roll Hot Dog Cheesy Potatoes, California Blend Applesauce, Orange Juice, Cake *Fruit & Yogurt Salad Plate Pizza Pak	10 TEACHER'S WORKDAY	
13 Salisbury Steak with Roll Chicken Nuggets with Roll Whipped Potatoes, Broccoli Apricots, Fresh Orange *Cheese Chef Salad Plate Turkey Ham & Cheese Sub Plate	14 Chicken Noodle Soup & Grilled Cheese Hot Dog Peas & Carrots, Cole Slaw Peaches, Apple Juice *Fruit & Yogurt Salad Plate Pizza Pak	15 EARLY RELEASE DAY *Grilled Cheese Sandwich Baby Carrots Peach Cup Chocolate Chip Cookie	16 Baked Chicken with Rice & Combread *Cheese Pizza California Blend, Garden Salad Spiced Apples, Orange Juice, Confetti Cake Grilled Chicken Salad Plate Turkey & Cheese Wrap Plate	17 Shrimp Poppers & Macaroni & Cheese Chicken Tenders with Roll Green Peas, French Fries Mandarin Oranges, Fresh Apple *Yogurt & Cheese Pak Chef Salad Plate	Elementary Meal Prices: Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$0.80 Adult Breakfast.....\$1.30 Reduced Lunch.....\$0.40 Full-Price Lunch.....\$1.35 Adult Lunch.....\$2.40
20 Nachos Grande Comdog Tater Tots, Green Beans Pears, Fresh Orange *Fruit & Yogurt Salad Plate Turkey & Cheese Sub Plate	21 Beefaroni and Roll Asian Chicken Bites w/ Fried Rice Oriental Blend Vegetables, Peaches Garden Salad, Apple Juice *Cheese Chef Salad Plate Turkey & Cheese Sub Plate	22 Turkey & Gravy with Rice and Roll Pizzas Glazed Carrots, Broccoli Salad Spiced Apples, Fresh Banana Chicken Tender Salad Plate Tuna Salad Sub Plate	23 Tacos with Mexican Rice Pepperoni Pizza Lettuce & Tomato, Mexican Corn Pears, Orange Juice, Cookie *Yogurt & Cheese Pak Grilled Chicken Salad Plate	24 Fish Nuggets with Roll Hamburger with Lettuce & Tomato Baked Beans, Cole Slaw Fruit Cocktail, Fresh Apple *Fruit & Yogurt Salad Plate Pizza Pak	
27 Macaroni & Cheese with Ham, Roll Chicken Sandwich Sweet Potato Patty, Broccoli Applesauce, Fresh Orange *Fruit & Yogurt Salad Plate Turkey & Cheese Sub Plate	28 Country Fried Steak and Roll Stuffed Crust Dippers Whipped Potatoes, Green Beans Apricots, Apple Juice Chicken Tender Salad Plate Turkey Ham & Cheese Sub Plate	29 Vegetable Beef Soup with Grilled Cheese BBQ Chicken Sandwich Fries, Baby Carrots w/ Salad Dressing Peach Pop, Fresh Apple *Yogurt & Cheese Pak Tuna Salad Plate	30 Oven Fried Chicken with Roll Hot Dog Cheesy Potatoes, California Blend Applesauce, Orange Juice, Cake *Fruit & Yogurt Salad Plate Pizza Pak	Happy Halloween! Chicken Fajita *Cheese Pizza Mixed Vegetables, Apple Cole Slaw Peach Cup, Fresh Banana *Yogurt & Cheese Pak Grilled Chicken Salad Plate	Fulton County School Nutrition Program The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349 404-669-8960

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