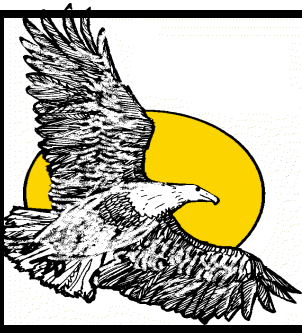


Heards Ferry Herald

◆ A weekly publication of the news and events of Heards Ferry Elementary School ◆

Susan Dorenkamp, Principal ◆ Brent McBride, Assistant Principal
1050 Heards Ferry Road ◆ Sandy Springs, Georgia 30328 ◆ (770) 933-6190
www.fultonschools.org/school/heardsferry



Volume 10 ◆ April 17, 2009 ◆ Issue 32

From the Desk of Your PTA Presidents

The following article is adapted from the January/February 2009 Georgia PTA Voice.

Parent Involvement: Fathers are Important...Be There. Be Yourself

According to the 2006 U.S. census, 23% of children under 18 do not live with their biological father and the number is climbing. But how does this idea of “involved father” translate to daily life? Current research points to the following practical guidelines for responsible fatherhood.

- Embrace your responsibility. Once you are a father, you are a father for life. Acknowledging your paternity is a small gift you can give to your child.
- Be there. In study after study, children consistently say they would like to have more time with their fathers. Working together on a chore or simply hanging out can be as meaningful as attending events or having adventures.
- Be there throughout their childhood. There is no time in a child’s life that doesn’t count. Research has shown that starting in infancy, children know and respond to their fathers differently than they respond to their mothers. Boys and girls, who grow up with attention and approval from their fathers, as well as their mothers, tend to be more successful in life.
- Respond to the needs of the children. Regardless of whether you get along with their mother, your relationship with your children is exactly that: your relationship with your children. Children grow best when their parents treat each other with respect and appreciation. They shouldn’t feel torn between the two people they love.
- Meet your financial responsibility. Children whose parents provide for them live better lives, feel valued, and have better relationships with their parents.
- Balance discipline with fun. Children need to have fathers who know how to set reasonable, firm limits and how to relax and have a good time. Give yourself and the children the stability that comes with clear limits and the good memories that come with play.

Children are observing you every minute. They are taking in how you treat others, how you manage stress and frustrations, how you fulfill your obligations, and whether you carry yourself with dignity. Consciously or not, the boys will become like you. The girls will look for a man very much like you. Show them what manhood and relationships should be.

Written by Charles Lawhon, Georgia PTA, Dad’s Initiative Chair

Amy Helton
PTA Co-President
amy_helton@bellsouth.net

Amy Kilgore
PTA Co-President
amykilgore@bellsouth.net

New Articles

Ice Cream Social - Oh, the Places You'll Go **May 5th - 3:00 until 4:30 pm**

All new students attending Heards Ferry in the fall (including rising K and PreK that may already have siblings at the school) are invited for an ice cream social and school tour. Tours will take place every half hour. **Please RSVP with your preferred time slot (3:00, 3:30 or 4:00) to Brenda Maddaleni at bmaddaleni@yahoo.com or 404-252-0789.** Look for a flyer in your child's back-pack - please pass them on to your neighbors and friends! We can use some volunteers to help with this event so let me know if you have a bit of time that day to help.

New Families - Buddies Needed

Please help welcome our new families to the Heards Ferry and sign up to be a buddy family. We would like to have each new family coming to Heards Ferry be assigned a buddy family to help welcome them to the school, answer any questions they may have over the summer and be a friendly face for those first weeks of school. This is a great way for your kids to make new friends. We have new families coming to our school in Pre-K and Kindergarten as well as those that will be entering the upper grades. Please let me know if you would like to help out. Contact Brenda Maddaleni at bmaddaleni@yahoo.com or 404-252-0789.

Heards Ferry Book Drive

Thank you to everyone that donated books during the book drive. We were able to deliver over 1,200 paperback books to Lake Forest Elementary. Our two winning classrooms are Vickery and Johnson!! These two classes will receive a pizza party in the coming weeks. The participation by all classrooms was amazing and everyone should feel proud of this awesome effort to support our sister school!! **Patricia Riden**

Reminders

Dedicate a Book to **Benefit the Heards Ferry Media Center**

Join us in beefing up our book collection in the Heards Ferry Media Center. A donation of just \$20 will buy one new book for our library. Your new book can be personalized by your family for posterity, and you will even receive the privilege of checking it out first!

Your sponsorship is a great way to . . .

- Celebrate a milestone (such as your child's first/last year at Heards Ferry)
- Honor a teacher
- Remember someone special
- Celebrate a Birthday or other special occasion

If you make your donation in honor of someone special, we will notify them of your thoughtful gesture.

To participate, send in a check for \$20 made payable to Heards Ferry. Include your name, who you'd like to purchase a book in honor of, your child's grade/teacher and your phone number/email address. **Questions? Contact Amy Frederick at atlantafreds@gmail.com, or see Mrs. Marrin in the school library.**

Attention Winners of Teacher Donations from the Auction!

If you were the lucky winner of a teacher activity at the Auction, please contact that teacher as soon as possible to schedule for activity before the end of the year! **Thank you, Megan Grout**

Dates to Remember

	April
4/16-4/24	CRCT-grades 1-5
	May
5/1	School Council
5/6	PTA Spring Brunch
5/6-5/7	Kindergarten Registration
5/8	International Day
5/12	Volunteer Luncheon
5/14	AR Awards Ceremony
5/15	Field Day

Menu

Date	Breakfast	Lunch
Mon. 20	Cinnamon Pancakes Scooters Cereal Apple Juice Choice of milk	Chicken nuggets Salisbury steak Chicken Salad Plate Ham/cheese sub
Tues 21	Sausage/cheese biscuit Yogurt /Blueberry Muffin Orange juice Choice of milk	Chicken noodle soup/w grilled cheese sandwich Hot dog Fruit % yogurt Salad Plt Pizza Pak
Wed 22	Egg & Cheese Bagel Cereal Apple juice Choice of milk	Spaghetti Casserole Grilled Chicken Sand. Chicken Tender salad Yogurt & Cheese Pak
Thur 23	Breakfast burrito Yogurt/Muffin Orange juice Choice of milk	BBQ Baked Chicken Cheese Pizza Fruit & Yogurt Salad Pak Turkey & Cheese Wrap plt
Fri 24	Whole Wheat Breakfast Bun Cereal/toast Orange juice Choice of milk	Shrimp Poppers Chicken Tenders Grilled Chicken Salad Plate Yogurt & Cheese Pak

Please note that the menu is subject to change.

Equal opportunity employer and service provider.

Reasonable accommodations and modifications made for the disabled. Contact 404-763-4585 TTY 1-800-255-0135

To submit articles for the newsletter
Please email [hadi at fultonschools.org](mailto:hadi@fultonschools.org) with the subject:
Newsletter... by each Tues at noon.