










Hapeville Charter Middle School February 2010 Breakfast Menu

Monday	Tuesday 	Wednesday	Thursday 	Friday
1 Frosted Flakes Cereal Mini Muffin 100% Fruit Juice	2 Cheese Biscuit Turkey Sausage Patty 100% Fruit Juice	3 French Toast Sticks Maple Syrup 100% Fruit Juice	4 Whole Wheat Bagel Strawberry Cream Cheese 100% Fruit Juice	5 Breakfast Pizza Bagel 100% Fruit Juice
8 Cinnamon Toast Crunch Cereal Mini Muffin 100% Fruit Juice	9 Breakfast Hot Pocket 100% Fruit Juice	10 Waffles with Maple Syrup 100% Fruit Juice	11 Cinnamon Roll 100% Fruit Juice	12 
15 	16 Cheese Biscuit Turkey Sausage Patty 100% Fruit Juice	17 French Toast Sticks Maple Syrup 100% Fruit Juice	18 Whole Wheat Bagel Strawberry Cream Cheese 100% Fruit Juice	19 Breakfast Pizza Bagel 100% Fruit Juice
22 Cinnamon Toast Crunch Cereal Mini Muffin 100% Fruit Juice	23 Breakfast Hot Pocket 100% Fruit Juice	24 Waffles with Maple Syrup 100% Fruit Juice	25 Cinnamon Roll 100% Fruit Juice	26 Home-style Chicken Biscuit 100% Fruit Juice

Hapeville Charter Middle School lunch program benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin.
All Breakfasts are served with Milk.

Hapeville Charter Middle School February 2010 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Nuggets with Honey Mustard Sauce Asian Rice Sugar Snap Peas & Carrots Pineapple and Melon Salad	2 Savory Spaghetti with Meat Sauce Foccacia Squares Italian Green Beans Fresh Fruit Smoothie Animal Crackers 	3 Turkey Fritter Creamy Mashed Potatoes Honey Wheat Roll Mixed Vegetables Peaches, Pears, & Cranberries	4 Crunchy Beef Tacos Cheddar Cheese Sprinkles & Lettuce Shreds Tortilla Chips ChefAdvantage's Fresh Salsa Corn & Black Bean Salad Tropical Fruit	5 Turkey Corn Dog Cheez-its Zesty Coleslaw Fresh Whole Fruit
8 Chicken Tetrzzini Garlic Brushed Breadstick Garden Green Peas Cinnamon Apples	9 Mild Beefy Chili Cheddar Cheese Sprinkles Fresh Baked Cornbread Garden Salad with Ranch Dressing Mixed Up Fruit Cup	10 BBQ Chicken Legs Whole Kernel Corn Texas Toast Peaches with Berries	11 Cheese Pizza with a Whole Wheat Crust Chopped Romaine Salad with Creamy Italian Dressing Very Berry Jumble Graham Crackers	12  <i>No School!!</i>
15 	16 Beef & Bean Nachos Cheddar Cheese Sprinkles Shredded Lettuce ChefAdvantage's Fresh Salsa Fiesta Rice Tropical Fruit	17 Eastern Shores Fish Sandwich Homemade Tartar Sauce Petite Pretzels Succotash Strawberry Applesauce	18 Teriyaki Chicken Stir Fry Tea House Brown Rice Steamed Asian Vegetables Mandarin Oranges and Pineapple Tidbits Good Fortune Cookie	19 All Beef Hot Dog Macaroni and Cheese Market Fresh Salad with Ranch Dressing Diced Peaches Fresh Baked Sugar Cookie
22 All American Hamburger on a Soft Bun Yellow Cheese Slices Baked Cheetos Italian Blend Vegetables Mixed Up Fruit Cup	23 Breakfast for Lunch! French Toast Slices with Syrup Turkey Sausage Patties Cheesy Omelet Bite Citrus Smiles Golden Applesauce 	24 Sack Lunch! Turkey and American Cheese Sandwich Pretzels Market Fresh Pear Raisins Cinnamon Goldfish Graham	25  Salisbury Steak with Gravy Honey Wheat Roll Creamy Mashed Potatoes Fresh Cut Green Beans Honey Glazed Fruit Medley	26 Crispy Chicken Sliders Baked Lay's Potato Chips Baby Carrots with Dill Dip Sun Ripened Banana

Hapeville Charter Middle School

...m benefits and services are available to all children without regard to race, color, sex, handicap, age or national origin.
All lunches served with milk.