


The daily menu is subject to change without advanced notice.

# Fulton County Schools

## Elementary School Lunch Menus

### November 2009

Monday	Tuesday	Wednesday	Thursday	Friday	
2 1.Tacos with Mexican Rice 2.Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples 3.Smoked Turkey & Cheese Wrap	3 1.Chicken Noodle Soup *Grilled Cheese Sandwich 2.Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, 3.Ham and Cheese Sub	4 1. Spaghetti Casserole Wheat Roll 2.Chicken Tenders 3.*Yogurt & Cheese Pak Waffle Fries, Mixed Vegetables, Mandarin Oranges, Banana	5 1.Rotisserie Chicken Wheat Roll 2.*Cheese Pizza, Sweet Potatoes Broccoli Salad, Pineapple Tidbits Grape Juice, 3.Grilled Chicken Chef Salad , Oatmeal Raisin Cookie	6 1.BBQ Chicken on Bun 2.Shrimp Poppers *Macaroni & Cheese California Blend Vegetables Garden Salad, Rosey Applesauce Oranges 3.Pizza Pak	The following milk choices are offered daily: 2%, 1%, Skim, Chocolate & Strawberry
9 1. Salisbury Steak w/Au Jus Gravy Wheat Roll 2.Breaded Chicken Sandwich 3.*Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples	10 1.Tomato Basil Soup *Grilled Cheese Sandwich 2.Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce 3.Turkey Chef Salad, Orange Juice	11 1.Nachos Grande w/Salsa 2.Asian Chicken Bites Fried Rice *Cheese Nachos Shredded Lettuce & Tomato Peas & Carrots, Pineapple Tidbits, Banana, 3.Ham Chef Salad	12 1.Macaroni & Cheese w/Ham Wheat Roll, 2.Hamburger w/ Lettuce, Tomato & Pickle, Tater Tots, Marinated Vegetable Salad, *Macaroni & Cheese Peaches, Grape Juice, 3.Pizza Pak ,Jell-o w/Whipped Topping	13 1. Fish Nuggets Wheat Roll 2.*Cheese Pizza Italian Baked Potatoes Coleslaw Mixed Fruit, Oranges 3.Ham & Cheese Sub	<b>Elementary Meal Prices:</b> Reduced Breakfast.....\$0.30 Full-Price Breakfast....\$1.00 Adult Breakfast.....\$1.50  Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00 Adult Lunch.....\$3.05
16 1.Tacos with Mexican Rice 2.*Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples 3.Smoked Turkey & Cheese Wrap	17 1.Chicken Noodle Soup *Grilled Cheese Sandwich 2.Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, 3.Ham and Cheese Sub	18 <b>EARLY RELEASE DAY</b> 1. Turkey & Cheese Sub Peach Cup 2.*Yogurt & Cheese Pak Chocolate Chip Cookie	19 1.Rotisserie Chicken Wheat Roll, 2.*Cheese Pizza, Sweet Potatoes, Broccoli Salad, Pineapple Tidbits, Grape Juice, 3.Grilled Chicken Chef Salad, Oatmeal Raisin Cookie	<b>HOLIDAY MEAL</b> Roast Turkey Combread Dressing *Macaroni & Cheese, Rolls Green Beans, Whipped Potates Sweet Potato Souffle, Cranberry Sauce Strawberry Shortcake	<b>Meatless options are denoted by an asterisk (*)</b>
23 1.Salisbury Steak w/Au Jus Gravy Wheat Roll, 2. Breaded Chicken Sandwich, 3.*Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples	24 1.Tomato Basil Soup *Grilled Cheese Sandwich 2.Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce 3.Turkey Chef Salad, Orange Juice	25 <b>SCHOOL CLOSED</b>	26 <b>SCHOOL CLOSED</b>	27 <b>SCHOOL CLOSED</b>	
30 1.Tacos with Mexican Rice 2.*Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples 3.Smoked Turkey & Cheese Wrap	<b>Non-Discrimination Statement:</b> The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.				



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<p>2</p> <p>Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>3</p> <p>Ham &amp; Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk</p>	<p>4</p> <p>Chicken Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>5</p> <p>Whole Grain Waffles (2) w/Syrup Tootie Fruities Apple Juice Choice of Milk</p>	<p>6</p> <p>Pancake on a Stick Honey Nut Toasty O's Orange Juice Choice of Milk</p>	
<p>9</p> <p>Grilled Cheese Sandwich Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>10</p> <p>Breakfast Bowl Grits &amp; Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk</p>	<p>11</p> <p>Whole Wheat Breakfast Bun Honey Nut Toasty O's Fresh Banana Choice of Milk</p>	<p>12</p> <p>Sausage Biscuit Tootie Fruities Apple Juice Choice of Milk</p>	<p>13</p> <p>French Toast Sticks (4) w/Syrup Honey Nut Toasty O's Orange Juice, Choice of Milk</p>	
<p>16</p> <p>Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>17</p> <p>Ham &amp; Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk</p>	<p>18</p> <p><b>EARLY RELEASE DAY</b> Chicken Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>19</p> <p>Whole Grain Waffles (2) w/Syrup Tootie Fruities Apple Juice Choice of Milk</p>	<p>20</p> <p>Pancake on a Stick Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p><b>Elementary Meal Prices:</b> Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.00 Adult Breakfast.....\$1.50</p> <p>Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00 Adult Lunch.....\$3.05</p>
<p>23</p> <p>Grilled Cheese Sandwich Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<p>24</p> <p>Breakfast Bowl Grits &amp; Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk</p>	<p>25</p> <p><b>SCHOOL CLOSED</b></p>	<p>26</p> <p><b>SCHOOL CLOSED</b></p>	<p>27</p> <p><b>SCHOOL CLOSED</b></p>	
<p>30</p> <p>Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk</p>	<h1 style="margin: 0;">Happy Thanksgiving!</h1>			<p>The following milk choices are offered daily: 2%, 1%, Skim, Chocolate &amp; Strawberry</p>	

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