



Fulton County Schools Elementary School Breakfast Menus October 2011

The daily menu is subject to change without advanced notice.

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7	
Sausage Biscuit Honey Nut Cheerios Oatmeal Raisin Bar Apples Orange Juice	Apple Cinnamon Oatmeal Cinnamon Toast Oatmeal Raisin Bar Yogurt Oranges	Plain Biscuit Yogurt Oatmeal Raisin Bar Cinnamon Toast Crunch Apple Juice	Pancake & Turkey Sausage on a Stick Oatmeal Raisin Bar Yogurt Raspberry Oranges	Chicken Biscuit Oatmeal Raisin Bar Golden Graham Orange Juice Apples	Elementary Meal Prices: Reduced Breakfast.....\$0.30 Full-Price Breakfast....\$1.05 Adult Breakfast.....\$1.55 Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.10 Adult Lunch.....\$3.15
10 Sausage Biscuit Honey Nut Cereal Oatmeal Raisin Bar Apples Orange Juice	11 Mini Pancakes Oatmeal Raisin Bar Yogurt Apple Juice Oranges	12 Chicken Biscuit Cinnamon Toast Crunch Oatmeal Raisin Bar Bananas Apple Juice	13 Cheese Grits & Sausage Patty Yogurt Raspberry Oatmeal Raisin Bar Oranges Grape Juice	14 French Toast Cinnamon Glazed Golden Grahams Oatmeal Raisin Bar Apples Orange Juice	
17	18 Apple Cinnamon Oatmeal Cinnamon Toast Oatmeal Raisin Bar Yogurt Oranges	19 Plain Biscuit Yogurt Oatmeal Raisin Bar Cinnamon Toast Crunch Apple Juice	20 Pancake & Turkey Sausage on a Stick Oatmeal Raisin Bar Yogurt Raspberry Oranges Grape Juice	21 Chicken Biscuit Oatmeal Raisin Bar Golden Graham Orange Juice Apples	Fulton County School Nutrition Program The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349
24 Sausage Biscuit Honey Nut Cereal Oatmeal Raisin Bar Apples Orange Juice	25 Mini Pancakes Oatmeal Raisin Bar Yogurt Apple Juice Oranges	26 Chicken Biscuit Cinnamon Toast Crunch Oatmeal Raisin Bar Bananas Apple Juice	27 Cheese Grits & Sausage Patty Yogurt Raspberry Oatmeal Raisin Bar Oranges Grape Juice	28 French Toast Cinnamon Glazed Golden Grahams Oatmeal Raisin Bar Apples Orange Juice	* Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.
31 Sausage Biscuit Honey Nut Cereal Oatmeal Raisin Bar Apples Orange Juice					

The daily menu is subject to change without advanced notice.

Fulton County Schools Elementary School Lunch Menus October 2011



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Totally Taco Soup, Tortilla Chips, (2) Shredded Cheese Chicken Tenders (1) Yogurt & Cheese Pak (2) Wheat Roll (1) Steamed Corn, Steamed Broccoli (1) Diced Pears, Apples (1)	Teriyaki Chicken (1) Steamed Rice (1) Stuffed Crust Dippers (2) Pizza Sauce Tuna Chef Salad (3) Green Peas (1) Glazed Carrots (1) Mixed Fruit (1) Orange Juice (1)	Spaghetti Casserole (1) Grilled Chicken Nachos (2) Cheese Nachos (2) Turkey Ham & Cheese Wrap (3) California Blend Vegetables (1) Wheat Roll (1) Garden Salad (1) Diced Peaches (1) Bananas (1)	Roasted Turkey (1) Gravy Beef Tacos Soft Shell (2) Cheese Pizza Pak (2) Steamed Rice (1) Shredded Lettuce & Tomato (1) Sweet Potato Souffle (1) Coleslaw (1) Pineapple Tidbits (1), Grape Juice (1)	Shrimp Poppers (1) Vegetarian Stuffed Shells w/Marinara Sauce (2) Turkey Chef Salad Plate (3) Macaroni & Cheese (1) Wheat Roll (1) Mixed Vegetables, Celery Sticks w/Dressing (1) Applesauce, Oranges (1) Peaches & Yogurt (1)
10 Chicken Noodle Soup (1) Grilled Cheese Sandwich (2) BBQ Pork on Bun (2) Veggie Delight Wrap* (3) Corn on The Cob (1) Steamed Broccoli (1) Apples, Peach Cups (1)	18 Black Bean Quesadilla (2) Salsa Chicken Nuggets (1) Pepperoni Pizza Pak (2) Wheat Roll (1) Mixed Vegetables, Baby Carrots (1) Rosey Apple Sauce, Orange Juice (1)	12 Chicken Parmesan w/ (1) Spaghetti Noodles (1) Wheat Breadstick (1) Mini Burgers, Pickles (2) Rainbow Bean Salad (3) California Blend Vegetables, French Fries (1) Diced Pears, Bananas (1) Bananas (1)	13 Sweet & Sour Chicken (1) Hot Dog on Bun (2) Cheese Chef Salad (3) Steamed Rice (1) Wheat Roll (1) Mexican Corn (1) Peas & Carrots (1) Sliced Peaches (1), Apple Juice (1)	14 Fajita Grilled Fish (1) Cheese Pizza (2) Spicy Chicken Wrap (2) Cheddar Biscuits (1) Sweet Potato Fries (1) Seasoned Green Beans (1) Pineapple Tidbits, Oranges (1) Spiced Baked Apples (1)
17 Teacher Workday School Closed	18 Teriyaki Chicken (1) Stuffed Crust Dippers (2) Pizza Sauce Tuna Chef Salad (3) Green Peas (1) Glazed Carrots (1) Mixed Fruit (1) Orange Juice (1)	19 Spaghetti Casserole (1) Grilled Chicken Nachos (2) Cheese Nachos (2) Turkey Ham & Cheese Wrap (3) California Blend Vegetables (1) Wheat Rolls (1) Garden Salad (1) Diced Pears (1) Bananas (1)	20 Roasted Turkey (1) Gravy Beef Tacos Soft Shell (2) Cheese Pizza Pak (2) Steamed Rice (1) Shredded Lettuce & Tomato (1) Sweet Potato Souffle (1) Coleslaw (1) Pineapple Tidbits (1), Grape Juice (1)	21 Shrimp Poppers (1) Vegetarian Stuffed Shells w/Marinara Sauce (2) Turkey Chef Salad Plate (3) Macaroni & Cheese (1) Wheat Roll (1) Mixed Vegetables, Celery Sticks w/Dressing (1) Applesauce, Oranges (1) Peaches & Yogurt (1)
24 Chicken Noodle Soup (1) Grilled Cheese Sandwich (2) BBQ Pork on Bun (2) Veggie Delight Wrap* (3) Corn on The Cob (1) Steamed Broccoli (1) Apples, Peach Cups (1)	25 Black Bean Quesadilla (2) Salsa Chicken Nuggets (1) Pepperoni Pizza Pak (2) Wheat Roll (1) Mixed Vegetables, Baby Carrots (1) Rosey Apple Sauce, Orange Juice (1)	26 Chicken Parmesan w/ (1) Spaghetti Noodles (1) Wheat Breadstick (1) Mini Burgers, Pickles (2) Rainbow Bean Salad (3) California Blend Vegetables, French Fries (1) Diced Pears, Bananas (1) Bananas (1)	27 Sweet & Sour Chicken (1) Hot Dog on Bun (2) Cheese Chef Salad (3) Steamed Rice (1) Wheat Roll (1) Mexican Corn (1) Peas & Carrots (1) Sliced Peaches (1), Apple Juice (1)	28 Fajita Grilled Fish (1) Cheese Pizza (2) Spicy Chicken Wrap (2) Cheddar Biscuits (1) Sweet Potato Fries (1) Seasoned Green Beans (1) Pineapple Tidbits, Oranges (1) Spiced Baked Apples (1)
31 Totally Taco Soup, Tortilla Chips, (2) Shredded Cheese Chicken Tenders (1) Yogurt & Cheese Pak (2) Wheat Roll (1) Steamed Corn, Steamed Broccoli (1) Diced Pears, Apples (1)				

The following milk choices are offered daily:
2%, 1%, Skim,
Chocolate & Strawberry

Elementary Meal Prices:
Reduced Breakfast.....\$0.30
Full-Price Breakfast.....\$1.00
Adult Breakfast.....\$1.50

Reduced Lunch.....\$0.40
Full-Price Lunch.....\$2.00
Adult Lunch.....\$3.05

Meatless options are denoted by an asterisk* (*)

**Fulton County
School Nutrition Program**
The Meadows
Operations Center
5270 Northfield Boulevard
College Park, Georgia 30349
404-669-8960

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