

Intramural and Extramural Information

What is the difference between intramurals and extramurals?

Intramurals are activities offered that students in all grade levels may participate.

Extramurals are school teams that play other North Fulton Schools in scheduled contest. The extramural teams are coed-soccer (fall), tennis (fall), volleyball (fall), basketball, and track (spring).

Do the students need a physical to participate?

*Only the students participating in **extramural** activities need a physical.*

Are all grade levels allowed to come out for intramurals and extramurals?

All students may participate in intramurals, but extramural teams are limited to 7th and 8th grade students. Soccer, tennis, and track are coed and are comprised of both 7th and 8th grade students. There are separate teams for boys and girls with their own seasons for 7th and 8th grade students

What are the intramural activities offered?

The activities offered change with each season. Flyers are posted, announcements are provided, and the school web-site has the information for the students and parents regarding the activities.

Do the students have to come each day?

Students participating in intramurals may come on any days they wish. These are activities for them and not practices for future teams.

Students who are competing on the extramural teams will be expected to be at practices designated by the coach for each sport

Coaches

Tennis = Kevin Cown

Soccer = James Guthrie

Girls Volleyball = David Buice

Boys Volleyball = Sarah Buck

Tumbling = One day exhibition in December (coed and open to all grades)

Girls Basketball = Sarah Buck

Boys Basketball = Dan Quinn

Track = Malinda Hill/Kevin Cown