

Guidelines for Students with Food Allergies

Because we don't always have updated medical information on students and because someone may have an unexpected allergic reaction, we have come up with a few basic guidelines that you can follow in your classroom.

Remember our school is peanut safe, NOT peanut free. This means we attempt to provide a safe environment for students with allergies.

These are guidelines only. A student with a known food allergy should have anti-allergy medications and/or an Epi-pen and Food Allergy Plan in the Clinic. If you know of a food allergy student that we need to be aware of, please contact the clinic.

1. **Ask all students to wash their hands after snack and lunch.** Hand washing removes peanut / nut oils. In doing this a student who has eaten peanut butter will not "bring it with them" to the next table they sit at or door knob they touch. Use of wipes can replace hand washing in a pinch. This will significantly reduce the risk of an allergic child getting the food or oils from the food on their body or in their mouth. ***Bacterial Antiseptic gels do not remove food oils...they only help kill germs.*** Food allergies are due to allergens and are not germ related.
2. **After classroom snack time, wash the snack table with #3 Cleaner.** The custodian can provide you with this cleaner. It will clean the tables and kill germs at the same time (a bonus to help stop the spread of colds)! If you can't get this, Clorox type wipes or soap/water will do the trick.
3. **Ask an identified peanut /food allergy students to sit at one end of the table during lunch.** They may sit with other students who do not have peanut butter sandwiches, crackers, cookies, etc. The tables must be washed by a custodian after each class has finished lunch to ensure all debris has been removed.
4. **Discourage your students from sharing food of any kind.**
5. **Ask parents to try to avoid bringing in birthday or classroom treats that contain nuts of any kind.**
6. **If possible notify identified food allergy students' parents about any classroom party.** They may want to provide their student with an alternate party snack.

If you would like the Cluster Nurse to come to your room to do a brief hand washing class for your students, please feel free to contact Judy Reddick, RN at: reddickj@fultonschools.org.

Thank you for helping to keep all of our students healthy, safe, and in a great learning environment.