

The daily menu is subject to change without advanced notice.

Fulton County Schools

Elementary School Lunch Menus

November 2009

<p>2</p> <p>Tacos with Mexican Rice Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap</p>	<p>3</p> <p>Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, Ham and Cheese Sub</p>	<p>4</p> <p>Spaghetti Casserole Wheat Roll Chicken Tenders *Yogurt & Cheese Pak Waffle Fries, Mixed Vegetables, Mandarin Oranges, Banana</p>	<p>5</p> <p>Rotisserie Chicken Wheat Roll *Cheese Pizza, Sweet Potatoes Broccoli Salad, Pineapple Tidbits Grape Juice, Grilled Chicken Chef Salad, Oatmeal Raisin Cookie</p>	<p>6</p> <p>BBQ Chicken on Bun Shrimp Poppers *Macaroni & Cheese California Blend Vegetables Garden Salad, Rosey Applesauce Oranges, Pizza Pak</p>	<p>The following milk choices are offered daily: 2%, 1%, Skim, Chocolate & Strawberry</p>
<p>9</p> <p>Salisbury Steak w/Au Jus Gravy Wheat Roll, Breaded Chicken Sandwich, *Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples</p>	<p>10</p> <p>Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Turkey Chef Salad, Orange Juice</p>	<p>11</p> <p>Nachos Grande w/Salsa Asian Chicken Bites Fried Rice *Cheese Nachos Shredded Lettuce & Tomato Peas & Carrots, Pineapple Tidbits, Banana, Ham Chef Salad</p>	<p>12</p> <p>Macaroni & Cheese w/Ham Wheat Roll, Hamburger w/ Lettuce, Tomato & Pickle, Tater Tots, Marinated Vegetable Salad, *Macaroni & Cheese Peaches, Grape Juice, Pizza Pak ,Jell-o w/Whipped</p>	<p>13</p> <p>Fish Nuggets Wheat Roll *Cheese Pizza Italian Baked Potatoes Coleslaw Mixed Fruit, Oranges Ham & Cheese Sub</p>	
<p>16</p> <p>Tacos with Mexican Rice *Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap</p>	<p>17</p> <p>Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, Ham and Cheese Sub</p>	<p>18</p> <p>EARLY RELEASE DAY Grilled Cheese Sandwich Baby Carrots Peach Cup *Yogurt & Cheese Pak Chocolate Chip Cookie</p>	<p>19 pk, kk, 2, & 4</p> <p>Turkey and dressing Green beans Sweet potatoes souffle Broccoli salad Ambrosia, spiced apples Sack lunch 1, 3, 5</p>	<p>20 1, 3, 5</p> <p>Turkey and dressing Green beans Sweet potato souffle Broccoli salad Ambrosia, spiced apple Sack lunch pk, kk, 2, & 4</p>	<p>Meatless options are denoted by an asterisk (*)</p>
<p>23</p> <p>Salisbury Steak w/Au Jus Gravy Wheat Roll, Breaded Chicken Sandwich, *Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples</p>	<p>24</p> <p>Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Turkey Chef Salad, Orange Juice</p>	<p>25</p> <p>SCHOOL CLOSED</p>	<p>26</p> <p>SCHOOL CLOSED</p>	<p>27</p> <p>SCHOOL CLOSED</p>	
<p>30</p> <p>Tacos with Mexican Rice *Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap</p>	<p>Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>				



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2 Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk	3 Ham & Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk	4 Chicken Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk	5 Whole Grain Waffles (2) w/Syrup Tootie Fruities Apple Juice Choice of Milk	6 Pancake on a Stick Honey Nut Toasty O's Orange Juice Choice of Milk
9 Grilled Cheese Sandwich Honey Nut Toasty O's Orange Juice Choice of Milk	10 Breakfast Bowl Grits & Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk	11 Whole Wheat Breakfast Bun Honey Nut Toasty O's Fresh Banana Choice of Milk	12 Sausage Biscuit Tootie Fruities Apple Juice Choice of Milk	13 French Toast Sticks (4) w/Syrup Honey Nut Toasty O's Orange Juice, Choice of Milk
16 Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk	17 Ham & Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk	18 EARLY RELEASE DAY Chicken Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk	19 Whole Grain Waffles (2) w/Syrup Tootie Fruities Apple Juice Choice of Milk	20 Pancake on a Stick Honey Nut Toasty O's Orange Juice Choice of Milk
23 Grilled Cheese Sandwich Honey Nut Toasty O's Orange Juice Choice of Milk	24 Breakfast Bowl Grits & Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk	25 SCHOOL CLOSED	26 SCHOOL CLOSED	27 SCHOOL CLOSED
30 Sausage Biscuit Honey Nut Toasty O's Orange Juice Choice of Milk	<h1 style="font-size: 4em; color: #8B4513; text-shadow: 2px 2px 0px #8B4513;">Happy Thanksgiving!</h1>			



Elementary Meal Prices:
 Reduced Breakfast.....\$0.30
 Full-Price Breakfast.....\$1.00
 Adult Breakfast.....\$1.50

 Reduced Lunch.....\$0.40
 Full-Price Lunch.....\$2.00
 Adult Lunch.....\$3.05



The following milk choices are offered daily:
 2%, 1%, Skim,
 Chocolate &
 Strawberry

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