

The daily menu is subject to change without advanced notice

# Fulton County Elementary School Lunch Menus September 2009



	<p style="text-align: center;">1</p> <p>Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Orange Juice Turkey Chef Salad</p>	<p style="text-align: center;">2</p> <p>Nachos Grande w/Salsa Asian Chicken Bites Fried Rice *Cheese Nachos Shredded Lettuce &amp; Tomato Peas &amp; Carrots, Pineapple Tidbits, Banana, Ham Chef Salad</p>	<p style="text-align: center;">3</p> <p>Macaroni &amp; Cheese w/Ham Wheat Roll, Hamburger w/ Lettuce, Tomato &amp; Pickle, Tater Tots, Marinated Vegetable Salad, *Macaroni &amp; Cheese Peaches, Grape Juice, Pizza Pak ,Jell-o w/Whipped Topping</p>	<p style="text-align: center;">4</p> <p>Fish Nuggets Wheat Roll *Cheese Pizza Italian Baked Potatoes Coleslaw Mixed Fruit, Oranges Ham &amp; Cheese Sub</p>
<p>7</p> <p><b>HOLIDAY</b></p>	<p style="text-align: center;">8</p> <p>Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice Ham and Cheese Sub</p>	<p style="text-align: center;">9</p> <p>Spaghetti Casserole Wheat Roll Chicken Tenders *Yogurt &amp; Cheese Pak Waffle Fries, Mixed Vegetables, Mandarin Oranges, Banana</p>	<p style="text-align: center;">10</p> <p>Rotisserie Chicken Wheat Roll *Cheese Pizza, Sweet Potatoes Broccoli Salad, Pineapple Tidbits Grape Juice Grilled Chicken Chef Salad Oatmeal Raisin Cookie</p>	<p style="text-align: center;">11</p> <p>BBQ Chicken on Bun Shrimp Poppers *Macaroni &amp; Cheese California Blend Vegetables Garden Salad Rosey Applesauce Oranges Pizza Pak</p>
<p style="text-align: center;">14</p> <p>Salisbury Steak w/Au Jus Gravy Wheat Roll Breaded Chicken Sandwich *Yogurt &amp; Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples</p>	<p style="text-align: center;">15</p> <p>Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Orange Juice Turkey Chef Salad</p>	<p style="text-align: center;">16</p> <p><b>EARLY RELEASE</b> Grilled Cheese Sandwich Baby Carrots Peach Cup *Yogurt &amp; Cheese Pak Chocolate Chip Cookie</p>	<p style="text-align: center;">17</p> <p>Macaroni &amp; Cheese w/Ham Wheat Roll, Hamburger w/ Lettuce, Tomato &amp; Pickle, Tater Tots, Marinated Vegetable Salad, *Macaroni &amp; Cheese Peaches, Grape Juice, Pizza Pak ,Jell-o w/Whipped Topping</p>	<p style="text-align: center;">18</p> <p>Fish Nuggets Wheat Roll *Cheese Pizza Italian Baked Potatoes Coleslaw Mixed Fruit, Oranges Ham &amp; Cheese Sub</p>
<p style="text-align: center;">21</p> <p>Tacos with Mexican Rice Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey &amp; Cheese Wrap</p>	<p style="text-align: center;">22</p> <p>Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice Ham and Cheese Sub</p>	<p style="text-align: center;">23</p> <p>Spaghetti Casserole Wheat Roll Chicken Tenders *Yogurt &amp; Cheese Pak Waffle Fries, Mixed Vegetables, Mandarin Oranges, Banana</p>	<p style="text-align: center;">24</p> <p>Rotisserie Chicken Wheat Roll *Cheese Pizza, Sweet Potatoes Broccoli Salad, Pineapple Tidbits Grape Juice Grilled Chicken Chef Salad Oatmeal Raisin Cookie</p>	<p style="text-align: center;">25</p> <p>BBQ Chicken on Bun Shrimp Poppers *Macaroni &amp; Cheese California Blend Vegetables Garden Salad Rosey Applesauce Oranges Pizza Pak</p>
<p style="text-align: center;">28</p> <p>Salisbury Steak w/Au Jus Gravy Wheat Roll Breaded Chicken Sandwich *Yogurt &amp; Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples</p>	<p style="text-align: center;">29</p> <p>Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Orange Juice Turkey Chef Salad</p>	<p style="text-align: center;">30</p> <p>Nachos Grande w/Salsa Asian Chicken Bites Fried Rice, Cheese Nachos Shredded Lettuce &amp; Tomato Peas &amp; Carrots, Pineapple Tid- bits, Banana, Ham Chef Salad</p>	<p><b>Non-Discrimination Statement:</b> The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>	

The following milk choices are offered daily:  
2%, 1%, Skim,  
Chocolate &



**Elementary Meal Prices:**  
Reduced Breakfast.....\$0.30  
Full-Price Breakfast.....\$1.00  
Adult Breakfast.....\$1.50

Reduced Lunch.....\$0.40  
Full-Price Lunch.....\$2.00  
Adult Lunch.....\$3.05

**Meatless options are denoted by an asterisk (\*)**

**Fulton County  
School Nutrition  
Program**  
The Meadows  
Operations Center  
5270 Northfield Boulevard  
College Park, Georgia  
30349  
404-669-8960

# Fulton County

## Elementary School Breakfast Menus

### September 2009

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	<p>1 Breakfast Bowl Grits &amp; Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk</p>	<p>2 Grilled Cheese Sandwich Honey Nut Toastey O's Fresh Banana Choice of Milk</p>	<p>3 Sausage Biscuit Tootie Fruitties Apple Juice Choice of Milk</p>	<p>4 French Toast Sticks (4) w/Syrup Honey Nut Toastey O's Orange Juice Choice of Milk</p>	
<p>7 <b>HOLIDAY</b></p>	<p>8 Ham &amp; Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk</p>	<p>9 Chicken Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>10 Whole Grain Waffles (2) w/Syrup Tootie Fruitties Apple Juice Choice of Milk</p>	<p>11 Pancake on a Stick Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>The following milk choices are offered daily: 2%, 1%, Skim, Chocolate &amp; Strawberry</p>
<p>14 Whole Wheat Breakfast Bun Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>15 Breakfast Bowl Grits &amp; Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk</p>	<p>16 Grilled Cheese Sandwich Honey Nut Toastey O's Fresh Banana Choice of Milk</p>	<p>17 Sausage Biscuit Tootie Fruitties Apple Juice Choice of Milk</p>	<p>18 French Toast Sticks (4) w/Syrup Honey Nut Toastey O's Orange Juice, Choice of Milk</p>	<p><b>Elementary Meal Prices:</b> Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.00 Adult Breakfast.....\$1.50  Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00</p>
<p>21 Sausage Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>22 Ham &amp; Cheese Biscuit Frosted Flakes Apple Juice Choice Of Milk</p>	<p>23 Chicken Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>24 Whole Grain Waffles (2) w/Syrup Tootie Fruitties Apple Juice Choice of Milk</p>	<p>25 Pancake on a Stick Honey Nut Toastey O's Orange Juice Choice of Milk</p>	
<p>28 Whole Wheat Breakfast Bun Honey Nut Toastey O's Orange Juice Choice of Milk</p>	<p>29 Breakfast Bowl Grits &amp; Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk</p>	<p>30 Grilled Cheese Sandwich Honey Nut Toastey O's Fresh Banana Choice of Milk</p>	<p><b>Non-Discrimination Statement:</b> The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>		