

FCS SY2017-2018 Elementary Breakfast Menu

Menu Subject to Change Based on Product Availability



Award-Winning Farm to School Participant

www.fcsnutrition.com

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|--|
| Week of: Jan 8, Feb 5, March 5, April 9, May 7 | Sausage Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Berry French Toast Assorted Cereals with Golden Graham Cereal Bar 100% Juice Assorted Fresh Fruit | Pancake & Sausage on a Stick Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Apple Cinnamon Cheerios Bar with Smoothie 100% Juice Assorted Fresh Fruit |
| Week of: Jan 16, Feb 12, March 13, April 16, May 14 | Sausage Biscuit Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit | Mini Pancakes Cinnamon Toast Crunch Cereal Pouch with Yogurt Parfait 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Pillsbury Apple Frudel Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Egg & Cheese Grits Bowl Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |
| Week of: Jan 22, Feb 20, March 19, April 23, May 21 | Sausage Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Berry French Toast Assorted Cereals with Golden Graham Cereal Bar 100% Juice Assorted Fresh Fruit | Pancake & Sausage on a Stick Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Chicken Biscuit Apple Cinnamon Cheerios Bar with Smoothie 100% Juice Assorted Fresh Fruit |
| Week of: Jan 29, Feb 26, March 26 April 30 | Sausage Biscuit Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit | Mini Pancakes Cinnamon Toast Crunch Cereal Pouch with Yogurt Parfait 100% Juice Assorted Fresh Fruit | Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit | Pillsbury Apple Frudel Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit | Egg & Cheese Grits Bowl Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit |

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.05 Adult: \$1.55

NOW HIRING CAFÉ WORKERS
770-497-8337
217N@Kellyservices.com

This institution is an equal opportunity provider.

FCS SY2017-2018 Elementary School Lunch Menu

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Award-Winning Farm to School Participant

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|---|
| Week of: Jan 8, Feb 5, March 5, April 9, May 7 | Veggie Lasagna with Garlic Breadstick Chicken Sliders Turkey Chef Salad Fresh Fruit Signature Side Salad Tater Tots | Korean BBQ Grilled Chicken with Brown Rice Broccoli Cheddar Soup with Garlic Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli | Classic Chili with Cheez-Its Black Bean Quesadilla Cheese Pizza Pack Fresh Fruit Signature Side Salad Mixed Vegetables | Southern Breaded Chicken with Roll Hamburger Yogurt & Cheese Pack Fresh Fruit Baby Carrots Baked Beans | Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Beans |
| Week of: Jan 16, Feb 12, March 13, April 16, May 14 | Salisbury Steak with Roll Chicken Nuggets with Roll Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Mashed Potatoes | Teriyaki Chicken with Brown Rice Mini Burgers Cheese Pizza Pack Fresh Fruit Baby Carrots French Fries | Buffalo Chicken with Brown Rice Grande Nachos Cheese Nachos Black Bean Taco Salad Fresh Fruit Signature Side Salad Black Beans | Chicken of the Day with Roll Mini Cheese Calzone Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli | Crispy Fish Filet with Brown Rice Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Fruit Signature Side Salad Edamame Succotash |
| Week of: Jan 22, Feb 20, March 19, April 23, May 21 | Chicken Alfredo with Garlic Breadstick Chicken Filet Sandwich Hummus Bento Box Fresh Fruit Signature Side Salad Sweet Potato Waffle Fries | General Tso's Chicken with Veggie Fried Rice Cheeseburger Cheese Pizza Pack Fresh Fruit Baby Carrots Steamed Broccoli | Bean & Cheese Enchilada Chicken Sliders Turkey & Cheese Lunchbox Buddy Fresh Fruit Signature Side Salad Tater Tots | Shredded BBQ Pork Sliders Cheese Sticks with Marinara Grilled Chicken Chef Salad Fresh Fruit Baby Carrots Baked Beans | Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Peas |
| Week of: Jan 29, Feb 26, March 26, April 30 | Tomato Soup with Grilled Cheese Mini Hotdogs (Beef) Turkey & Cheese Wrap Fresh Fruit Signature Side Salad French Fries | Mango Chicken with Brown Rice Popcorn Chicken with Roll Jamwich Pack Fresh Fruit Baby Carrots California Blend | Classic Spaghetti Tex Mex Nachos Cheese Nachos Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Black Beans | Chicken of the Day with Roll Mini Burgers Black Bean Taco Salad Fresh Fruit Baby Carrots Steamed Broccoli | Filet of Fish Sandwich Meat Lover's Pizza Cheese Pizza Slice Buffalo Chicken Wrap Fresh Fruit Signature Side Salad Glazed Carrots |

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Daily Assorted Milk • Daily Fresh Fruits & Veggies

All grains offered are whole grain-rich

Locally Sourced Ingredients Offered Regularly

NOW HIRING CAFÉ WORKERS
 404-607-7033
 217N@kellyservices.com

Lunch Price
Student \$2.45 Adult: \$3.45

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