

# FCS SY2017-2018 Elementary Breakfast in the Classroom Menu

Menu Subject to Change Based on Product Availability

**Award-Winning Farm to School Participant**

www.fcsnutrition.com

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Week of:</b> Jan 8, Feb 5, March 5, April 9, May 7	Sausage Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Berry French Toast  Assorted Cereals with Golden Graham Cereal Bar  100% Juice Assorted Fresh Fruit	Pancake & Sausage on a Stick  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Apple Cinnamon Cheerios Bar with Yogurt  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 16, Feb 12, March 13, April 16, May 14	Sausage Biscuit  Blueberry Muffin with String Cheese  100% Juice Assorted Fresh Fruit	Mini Pancakes  Cinnamon Toast Crunch Cereal Pouch with Yogurt  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Pillsbury Apple Frudel  Golden Grahams Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Egg & Cheese Grits Bowl  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 22, Feb 20, March 19, April 23, May 21	Sausage Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Berry French Toast  Assorted Cereals with Golden Graham Cereal Bar  100% Juice Assorted Fresh Fruit	Pancake & Sausage on a Stick  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	French Toast Sticks  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Apple Cinnamon Cheerios Bar with Yogurt  100% Juice Assorted Fresh Fruit
<b>Week of:</b> Jan 29, Feb 26, March 26 April 30	Sausage Biscuit  Blueberry Muffin with String Cheese  100% Juice Assorted Fresh Fruit	Mini Pancakes  Cinnamon Toast Crunch Cereal Pouch with Yogurt  100% Juice Assorted Fresh Fruit	Chicken Biscuit  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit	Pillsbury Apple Frudel  Golden Grahams Cereal Bar with Yogurt  100% Juice Assorted Fresh Fruit	Egg & Cheese Grits Bowl  Assorted Cereals with Nutri-Grain Bar  100% Juice Assorted Fresh Fruit

**Daily Assorted Milk • Daily Fresh Fruits**  
*Locally Sourced Ingredients Offered Regularly*  
**Daily Vegetarian Option**

**Breakfast Price**  
**Student \$1.05    Adult: \$1.55**

NOW HIRING CAFÉ WORKERS  
 770-497-8337  
 217N@Kellyservices.com

This institution is an equal opportunity provider.

# FCS SY 2017-2018 Elementary School Lunch Menu

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## Award-Winning Farm to School Participant

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of:</b> Jan 8, Feb 5, March 5, April 9, May 7	Veggie Lasagna with Garlic Breadstick Chicken Sliders Turkey Chef Salad Fresh Fruit Signature Side Salad Tater Tots	Korean BBQ Grilled Chicken with Brown Rice Broccoli Cheddar Soup with Garlic Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli	Classic Chili with Cheez-Its Black Bean Quesadilla Cheese Pizza Pack Fresh Fruit Signature Side Salad Mixed Vegetables	Southern Breaded Chicken with Roll Hamburger Yogurt & Cheese Pack Fresh Fruit Baby Carrots Baked Beans	Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Beans
<b>Week of:</b> Jan 16, Feb 12, March 13, April 16, May 14	Salisbury Steak with Roll Chicken Nuggets with Roll Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Mashed Potatoes	Teriyaki Chicken with Brown Rice Mini Burgers Cheese Pizza Pack Fresh Fruit Baby Carrots French Fries	Buffalo Chicken with Brown Rice Grande Nachos Cheese Nachos Black Bean Taco Salad Fresh Fruit Signature Side Salad Black Beans	Chicken of the Day with Roll Mini Cheese Calzone Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli	Crispy Fish Filet with Brown Rice Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Fruit Signature Side Salad Edamame Succotash
<b>Week of:</b> Jan 22, Feb 20, March 19, April 23, May 21	Chicken Alfredo with Garlic Breadstick Chicken Filet Sandwich Hummus Bento Box Fresh Fruit Signature Side Salad Sweet Potato Waffle Fries	General Tso's Chicken with Veggie Fried Rice Cheeseburger Cheese Pizza Pack Fresh Fruit Baby Carrots Steamed Broccoli	Bean & Cheese Enchilada Chicken Sliders Turkey & Cheese Lunchbox Buddy Fresh Fruit Signature Side Salad Tater Tots	Shredded BBQ Pork Sliders Cheese Sticks with Marinara Grilled Chicken Chef Salad Fresh Fruit Baby Carrots Baked Beans	Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Peas
<b>Week of:</b> Jan 29, Feb 26, March 26, April 30	Tomato Soup with Grilled Cheese Mini Hotdogs (Beef) Turkey & Cheese Wrap Fresh Fruit Signature Side Salad French Fries	Mango Chicken with Brown Rice Popcorn Chicken with Roll Jamwich Pack Fresh Fruit Baby Carrots California Blend	Classic Spaghetti Tex Mex Nachos Cheese Nachos Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Black Beans	Chicken of the Day with Roll Mini Burgers Black Bean Taco Salad Fresh Fruit Baby Carrots Steamed Broccoli	Filet of Fish Sandwich Meat Lover's Pizza Cheese Pizza Slice Buffalo Chicken Wrap Fresh Fruit Signature Side Salad Glazed Carrots

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**Daily Assorted Milk • Daily Fresh Fruits & Veggies**  
**All grains offered are whole grain-rich**  
*Locally Sourced Ingredients Offered Regularly*

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**Lunch Price**  
**Student \$2.45 Adult: \$3.45**

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