

FCS SY2017-2018 Elementary Breakfast in the Classroom Menu

Menu Subject to Change Based on Product Availability

Award-Winning Farm to School Participant

www.fcsnutrition.com

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: Aug 7, Sept 5, Oct 2, Oct 30, Dec 4	Sausage Biscuit Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit	Mini Pancakes Cinnamon Toast Crunch Cereal Pouch with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	French Toast Sticks Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit	Egg & Cheese Grits Bowl Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit
Week of: Aug 14, Sept 11, Oct 10, Nov 6, Dec 11	Sausage Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Berry French Toast Assorted Cereals with Golden Graham Cereal Bar 100% Juice Assorted Fresh Fruit	Pancake & Sausage on a Stick Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Apple Cinnamon Cheerios Bar with Yogurt 100% Juice Assorted Fresh Fruit
Week of: Aug 21, Sept 18, Oct 16, Nov 13, Dec 18	Sausage Biscuit Blueberry Muffin with String Cheese 100% Juice Assorted Fresh Fruit	Mini Pancakes Cinnamon Toast Crunch Cereal Pouch with Yogurt 100% Juice Assorted Fresh Fruit	Chicken Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	French Toast Sticks Golden Grahams Cereal Bar with Yogurt 100% Juice Assorted Fresh Fruit	Egg & Cheese Grits Bowl Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit
Week of: Aug 28, Sept 25, Oct 23, Nov 27	Sausage Biscuit Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Berry French Toast Assorted Cereals with Golden Graham Cereal Bar 100% Juice Assorted Fresh Fruit	Pancake & Sausage on a Stick Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	French Toast Sticks Assorted Cereals with Nutri-Grain Bar 100% Juice Assorted Fresh Fruit	Chicken Biscuit Apple Cinnamon Cheerios Bar with Yogurt 100% Juice Assorted Fresh Fruit

Daily Assorted Milk • Daily Fresh Fruits
Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Breakfast Price
Student \$1.05 Adult: \$1.55

NOW HIRING CAFÉ WORKERS
 770-497-8337
 217N@Kellyservices.com

This institution is an equal opportunity provider.

FCS SY 2017-2018 Elementary School Lunch Menu

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of: Aug 7, Sept 5, Oct 2, Oct 30, Dec 4	Salisbury Steak with Roll Chicken Nuggets with Roll Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Mashed Potatoes	Teriyaki Chicken with Brown Rice Mini Burgers Cheese Pizza Pack Fresh Fruit Baby Carrots French Fries	Buffalo Chicken with Brown Rice Grande Nachos Cheese Nachos Black Bean Taco Salad Fresh Fruit Signature Side Salad Black Beans	Chicken of the Day with Roll Mini Cheese Calzone Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli	Crispy Fish Filet with Brown Rice Meat Lover's Pizza Cheese Pizza Slice Jamwich Pack Fresh Fruit Signature Side Salad Edamame Succotash
Week of: Aug 14, Sept 11, Oct 10, Nov 6, Dec 11	Chicken Alfredo with Garlic Breadstick Chicken Filet Sandwich Hummus Bento Box Fresh Fruit Signature Side Salad Sweet Potato Waffle Fries	General Tso's Chicken with Veggie Fried Rice Cheeseburger Cheese Pizza Pack Fresh Fruit Baby Carrots Steamed Broccoli	Bean & Cheese Enchilada Chicken Sliders Turkey & Cheese Lunchbox Buddy Fresh Fruit Signature Side Salad Tater Tots	Shredded BBQ Pork Sliders Cheese Sticks with Marinara Grilled Chicken Chef Salad Fresh Fruit Baby Carrots Baked Beans	Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Peas
Week of: Aug 21, Sept 18, Oct 16, Nov 13, Dec 18	Tomato Soup with Grilled Cheese Mini Hotdogs (Beef) Turkey & Cheese Wrap Fresh Fruit Signature Side Salad French Fries	Mango Chicken with Brown Rice Popcorn Chicken with Roll Jamwich Pack Fresh Fruit Baby Carrots California Blend	Classic Spaghetti Tex Mex Nachos Cheese Nachos Yogurt & Cheese Pack Fresh Fruit Signature Side Salad Black Beans	Chicken of the Day with Roll Mini Burgers Black Bean Taco Salad Fresh Fruit Baby Carrots Steamed Broccoli	Filet of Fish Sandwich Meat Lover's Pizza Cheese Pizza Slice Buffalo Chicken Wrap Fresh Fruit Signature Side Salad Glazed Carrots
Week of: Aug 28, Sept 25, Oct 23, Nov 27	Veggie Lasagna with Garlic Breadstick Chicken Sliders Turkey Chef Salad Fresh Fruit Signature Side Salad Tater Tots	Korean BBQ Grilled Chicken with Brown Rice Broccoli Cheddar Soup with Garlic Breadstick Hummus Bento Box Fresh Fruit Baby Carrots Steamed Broccoli	Classic Chili with Cheez-Its Black Bean Quesadilla Cheese Pizza Pack Fresh Fruit Signature Side Salad Mixed Vegetables	Southern Breaded Chicken with Roll Hamburger Yogurt & Cheese Pack Fresh Fruit Baby Carrots Baked Beans	Shrimp and Mac & Cheese Cheese Pizza Slice Mac & Cheese Jamwich Pack Fresh Fruit Signature Side Salad Green Beans

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Daily Assorted Milk • Daily Fresh Fruits & Veggies

All grains offered are whole grain-rich
Locally Sourced Ingredients Offered Regularly

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Lunch Price
Student \$2.45 Adult: \$3.45

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