

RESPONSIBLE PARENT*

Parent's Belief	Possible Parent Behaviors	Possible Results for Child
I believe the child can make decisions.	Permits choices. Encourages.	Feels self-confident; tries. Contributes. Cooperates. Solves problems. Becomes resourceful.
I am equal, not more or less worthwhile than others.	Believes in and respects child. Encourages independence. Gives choices and responsibility. Expects child to contribute.	Develops self-reliance and responsibility. Learns to make decisions. Respects self and others. Believes in equality.
I believe in mutual respect.	Promotes equality. Encourages mutual respect. Avoids making child feel guilty.	Respects self and others. Has increased social feeling. Trust others.
I am human; I have "courage to be imperfect."	Sets realistic standards. Focuses on strengths. Encourages. Is not concerned with own image. Is patient.	Focuses on task at hand, not on self-elevation. Sees mistakes as challenge to keep trying. Has courage to try new experiences. Is tolerant of others.
I believe all people are important, including myself.	Encourages mutual respect and contribution. Refuses to be "doormat." Knows when to say no.	Has good social relationships. Respects the rights of others. Is generous.

*Source: Smart Discipline: A Workshop for Parents by Koening