

**FULTON COUNTY SCHOOL SYSTEM**  
**SUBSTANCE USE PREVENTION AND EDUCATION RESOURCE (**SUPER**) PROGRAM**

Fulton County Schools focuses on alternatives to suspension, as well as intervention and prevention of alcohol, tobacco, and other related drugs in schools for students. Currently, the **SUPER** program is in use for students who are determined by school administrators or disciplinary hearing officers to be in need of support. This program requires both student and parent/guardian/adult designee participate in four evenings over a two week period. Each evening session is two hours long, and requires prior reservations to attend.

**The course content of sessions now being used is identified below:**

- Family communications
- Teenage Driving Responsibilities
- The Law & Legal Consequences of Using Alcohol, Tobacco and Other Related Drugs (ATOD)
- Surveys/Activities (i.e., Columbia Univ., Reflective Response activity; Ice Breakers, I-Messages, etc.)
- Parenting Styles
- Self-Image
- Videos (i.e., Cruel Spirits)
- Rights and Responsibilities
- Statistics related to how kids get ATOD
- Pre/Post Tests

**The overall goal of **SUPER** is to prevent and/or decrease ATOD use.**

Each session supports this goal of the drug intervention program.

**Session One**

Goals/Objectives:

- Overview and set ground rules
- Increase and/or improve family interaction and communication
- Increase external discussion
- Decrease student/parent resistance
- Increase awareness/knowledge about ATOD

**Session Two**

Goals/Objectives:

- Improve communication skills
- Explore attitudes, perceptions and beliefs of parents and students
- Increase awareness and knowledge of consequences of inappropriate behavior
- Identify common ground/experiences between peer groups (i.e., parent to parent, student to student, and students to parents)
- Increase self-esteem (i.e., personality traits-how you see yourself and how others see you)

**Session Three**

Goals/Objectives:

- Identification of student and parent priorities
- Increase decision making skills
- Compromising

**Session Four**

Goals/Objectives:

- Identification of natural, logical, and legal consequences of ATOD use
- Increase awareness of school/community resources (i.e., information packet, certificate of completion, PTA, websites, local organizations, etc.)
- Referral back to school counselor for assistance/follow-up

**Facilitators at these meetings are experienced Fulton County Schools' employees who are trained in the areas of the SUPER program and related fields of study. Final evaluations typically indicated the program is a success and of value to the parents and students who participate. If you have questions about SUPER, please contact your local school administrator, or the SUPER Coordinator at the Office of Student Discipline at 404-763-5628.**