





# Fulton County Elementary School Breakfast Menus October 2009

The daily menu is subject to change without advanced notice.

			1 Sausage Biscuit Tootie Fruitties Apple Juice Choice of Milk	2 French Toast Sticks (4) w/Syrup Honey Nut Toastey O's Orange Juice Choice of Milk	
5 Sausage Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk	6 Ham & Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk	7 Chicken Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk	8 Whole Grain Waffles (2) w/Syrup Tootie Fruitties Apple Juice Choice of Milk	<b>9 TEACHER WORK DAY</b>	The following milk choices are offered daily: 2%, 1%, Skim, Chocolate & Strawberry
12 Grilled Cheese Sandwich Honey Nut Toastey O's Orange Juice Choice of Milk	13 Breakfast Bowl Grits & Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk	14 Whole Wheat Breakfast Bun Honey Nut Toastey O's Banana Choice of Milk	15 Sausage Biscuit Tootie Fruitties Apple Juice Choice of Milk	16 French Toast Sticks (4) w/Syrup Honey Nut Toastey O's Orange Juice, Choice of Milk	<b>Elementary Meal Prices:</b> Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.00 Adult Breakfast.....\$1.50  Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00 Adult Lunch.....\$3.05
19 Sausage Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk	20 Ham & Cheese Biscuit Frosted Flakes Apple Juice Choice of Milk	21 Chicken Biscuit Honey Nut Toastey O's Orange Juice Choice of Milk	22 Whole Grain Waffles (2) w/Syrup Tootie Fruitties Apple Juice Choice of Milk	23 Pancake on a Stick Honey Nut Toastey O's Orange Juice Choice of Milk	
26 Grilled Cheese Sandwich Honey Nut Toastey O's Orange Juice Choice of Milk	27 Breakfast Bowl Grits & Cheese w/ Sausage Patty Frosted Flakes Apple Juice Choice of Milk	28 Whole Wheat Breakfast Bun Honey Nut Toastey O's Banana Choice of Milk	29 Sausage Biscuit Tootie Fruitties Apple Juice Choice of Milk	30 French Toast Sticks (4) w/Syrup Honey Nut Toastey O's Orange Juice, Choice of Milk	<b>Fulton County School Nutrition Program</b> The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349 404-669-8960

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