

The daily menu is subject to change without advanced notice.

Fulton County Schools

Elementary School Lunch Menus

November 2009

2 Tacos with Mexican Rice Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap	3 Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, Ham and Cheese Sub	4 Spaghetti Casserole Wheat Roll Chicken Tenders *Yogurt & Cheese Pak Waffle Fries, Mixed Vegetables, Mandarin Oranges, Banana	5 Rotisserie Chicken Wheat Roll *Cheese Pizza, Sweet Potatoes Broccoli Salad, Pineapple Tidbits Grape Juice, Grilled Chicken Chef Salad, Oatmeal Raisin Cookie	6 BBQ Chicken on Bun Shrimp Poppers *Macaroni & Cheese California Blend Vegetables Garden Salad, Rosey Applesauce Oranges, Pizza Pak	The following milk choices are offered daily: 2%, 1%, Skim, Chocolate & Strawberry
9 Salisbury Steak w/Au Jus Gravy Wheat Roll, Breaded Chicken Sandwich, *Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples	10 Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Turkey Chef Salad, Orange Juice	11 Nachos Grande w/Salsa Asian Chicken Bites Fried Rice *Cheese Nachos Shredded Lettuce & Tomato Peas & Carrots, Pineapple Tidbits, Banana, Ham Chef Salad	12 Macaroni & Cheese w/Ham Wheat Roll, Hamburger w/ Lettuce, Tomato & Pickle, Tater Tots, Marinated Vegetable Salad, *Macaroni & Cheese Peaches, Grape Juice, Pizza Pak ,Jell-o w/Whipped	13 Fish Nuggets Wheat Roll *Cheese Pizza Italian Baked Potatoes Coleslaw Mixed Fruit, Oranges Ham & Cheese Sub	
16 Tacos with Mexican Rice *Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap	17 Chicken Noodle Soup *Grilled Cheese Sandwich Corn Dog, Glazed Carrots, Seasoned Green Beans, Peaches, Apple Juice, Ham and Cheese Sub	18 EARLY RELEASE DAY Grilled Cheese Sandwich Baby Carrots Peach Cup *Yogurt & Cheese Pak Chocolate Chip Cookie	19 Rotisserie Chicken Wheat Roll, *Cheese Pizza, Sweet Potatoes, Broccoli Salad, Pineapple Tidbits, Grape Juice, Grilled Chicken Chef Salad, Oatmeal Raisin Cookie	20 BBQ Chicken on Bun Shrimp Poppers *Macaroni & Cheese California Blend Vegetables Garden Salad, Rosey Applesauce Oranges, Pizza Pak	Meatless options are denoted by an asterisk (*)
23 Salisbury Steak w/Au Jus Gravy Wheat Roll, Breaded Chicken Sandwich, *Yogurt & Cheese Pak Whipped Potatoes, Steamed Broccoli, Apricots, Apples	24 Tomato Basil Soup *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll Green Peas, Baby Carrots w/ Dressing, Rosey Applesauce Turkey Chef Salad, Orange Juice	25 SCHOOL CLOSED	26 SCHOOL CLOSED	27 SCHOOL CLOSED	
30 Tacos with Mexican Rice *Stuffed Crust Dippers Mexican Corn Steamed Broccoli Pears, Apples Smoked Turkey & Cheese Wrap	<p>Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>				
					