

The daily menu is subject to change without advanced notice.

FULTON COUNTY SCHOOLS  
MIDDLE SCHOOL LUNCH MENUS  
MARCH 2010



<p>1 BBQ Turkey Plate Texas Toast Chicken Nuggets, Wheat Roll *Cheese Pizza, Green Peas, Baby Carrots w/Ranch Dressing, French Fries, Diced Pears, Orange Juice Ham Chef Salad Turkey Ham &amp; Cheese Su1</p>	<p>2 Nachos Grande ( w/Beef &amp; Cheese), Salsa, Mexican Rice, Shredded Lettuce &amp; Tomato, Hot Dog *Cheese Nachos Steamed Broccoli, Coleslaw, Celery Sticks w/ Dressing, Mandarin Oranges, Apple Juice, Turkey Chef Salad, Turkey &amp; Cheese Wrap, Chocolate Chip Cookie</p>	<p>3 Rotisserie Chicken , Cornbread, Cheeseburger, Lettuce, Tomato &amp; Pickle *Cheese Pizza, Turnip Greens Sweet Potato Soufflé, Garden Salad, Spiced Apples, Bananas Cheese Chef Salad, Deli Turkey &amp; Cheese Sub</p>	<p>4 Spaghetti Casserole, Wheat Roll, Pepperoni Pizza, *Veggie Burger w/Teriyaki Sauce, Black Beans &amp; Rice, California Blend, Steamed Corn, Marinated Vegetable Salad, Applesauce, Orange Juice, Grilled Chicken Chef Salad, Yogurt &amp; Cheese Pak</p>	<p>5 Fish Krispy on Bun w/Sliced Cheese Chicken Fajitas, Salsa *Vegetarian Chili, Garlic Toast Shredded Lettuce, Tomato Green Beans Roasted Italian Potatoes Peaches, Fresh Apple Ham Chef Salad</p>	<p><b>The following milk choices are offered daily: 2%, 1%, Skim, Chocolate &amp; Strawberry</b></p>
<p>8 Chili/w Beans Garlic Toast, Chicken Tenders, Wheat Roll, *Stuffed Crust Dippers w/ Pizza Sauce, California Blend, Steamed Corn, Popeye Salad, Peaches, Fresh Orange, Chicken Tender Salad Deli Turkey &amp; Cheese Sub</p>	<p>9 BBQ Chicken, Wheat Roll Cheeseburger, *Vegetarian Nachos Shredded Lettuce, Tomato French Fries, Glazed Carrots Garden Salad, Diced Pears Apple Juice, Turkey Chef Salad Turkey Ham &amp; Cheese Wrap Yellow Cake w/Chocolate Glaze</p>	<p>10 Roasted Turkey w/Steamed Rice &amp; Gravy, Wheat Roll, Chicken Egg Roll, w/Fried Rice, *Cheese Pizza Green Beans, Carrot Soufflé, Pineapple Tidbits, Fresh Apple, Orange Juice Cheese Chef Salad Pizza Pak</p>	<p>11 Sweet &amp; Sour Chicken, Steamed Rice, Wheat Roll, BBQ Pork on Bun, *Veggie Burger w/Teriyaki Sauce, Black Beans &amp; Rice, Mixed Vegetables, Steamed Broccoli, Black Bean Salad, Apple Coleslaw, Fresh Banana, Grilled Chicken Chef Salad, Turkey &amp; Cheese Wrap, Chocolate</p>	<p>12 <b>TEACHER WORK DAY SCHOOLS CLOSED</b></p>	<p><b>Middle School Meal Prices:</b> Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.15 Adult Breakfast.....\$1.50  Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.25 Adult Lunch.....\$3.05</p>
<p>15 BBQ Turkey Plate Texas Toast Chicken Nuggets, Wheat Roll *Cheese Pizza, Green Peas, Baby Carrots w/Ranch Dressing, French Fries, Diced Pears, Orange Juice Ham Chef Salad Turkey Ham &amp; Cheese Sub</p>	<p>16 Nachos Grande ( w/Beef &amp; Cheese), Salsa, Mexican Rice, Shredded Lettuce &amp; Tomato, Hot Dog *Cheese Nachos Steamed Broccoli, Coleslaw, Celery Sticks w/ Dressing, Mandarin Oranges, Apple Juice, Turkey Chef Salad, Turkey &amp; Cheese Wrap, Chocolate Chip Cookie</p>	<p>17 Rotisserie Chicken , Cornbread, Cheeseburger, Lettuce, Tomato &amp; Pickle *Cheese Pizza, Turnip Greens Sweet Potato Soufflé, Garden Salad, Spiced Apples, Bananas Cheese Chef Salad, Deli Turkey &amp; Cheese Sub</p>	<p>18 Spaghetti Casserole, Wheat Roll, Pepperoni Pizza, *Veggie Burger w/Teriyaki Sauce, Black Beans &amp; Rice, California Blend, Steamed Corn, Marinated Vegetable Salad, Applesauce, Orange Juice, Grilled Chicken Chef Salad, Yogurt &amp; Cheese Pak, Cherry Crisp</p>	<p>19 Fish Krispy on Bun w/Sliced Cheese Chicken Fajitas, Salsa *Vegetarian Chili, Garlic Toast Shredded Lettuce, Tomato Green Beans, Roasted Italian Potatoes Peaches, Fresh Apple, Ham Chef Salad Turkey Ham &amp; Cheese Sub</p>	<p><b>Meatless options are denoted by an asterisk (*)</b></p>
<p>22 Chili/w Beans Garlic Toast, Chicken Tenders, Wheat Roll, *Stuffed Crust Dippers w/ Pizza Sauce, California Blend, Steamed Corn, Popeye Salad, Peaches, Fresh Orange, Chicken Tender Salad Deli Turkey &amp; Cheese Sub</p>	<p>23 BBQ Chicken, Wheat Roll Cheeseburger, *Vegetarian Nachos Shredded Lettuce, Tomato French Fries, Glazed Carrots Garden Salad, Diced Pears Apple Juice, Turkey Chef Salad Turkey Ham &amp; Cheese Wrap Yellow Cake w/Chocolate Glaze</p>	<p>24 <b>EARLY RELEASE DAY</b></p>	<p>25 Sweet &amp; Sour Chicken, Steamed Rice, Wheat Roll, BBQ Pork on Bun, *Veggie Burger w/Teriyaki Sauce, Black Beans &amp; Rice, Mixed Vegetables, Steamed Broccoli, Black Bean Salad, Apple Coleslaw, Fresh Banana, Grilled Chicken Chef Salad, Turkey &amp; Cheese Wrap, Chocolate Chip Cookie</p>	<p>26 Shrimp Poppers w/Baked Beans Wheat Roll, Chicken Nachos Shredded Lettuce, Tomato Cheese Pizza Green Peas, Cole Slaw French Fries, Apricots Spiced Apples Ham Chef Salad Turkey Ham &amp; Cheese Sub</p>	<p><b>Fulton County School Nutrition Program</b> The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349 404-669-8960</p>
<p>29 BBQ Turkey Plate Texas Toast Chicken Nuggets, Wheat Roll *Cheese Pizza, Green Peas, Baby Carrots w/Ranch Dressing, French Fries, Diced Pears, Orange Juice Ham Chef Salad Turkey Ham &amp; Cheese Sub</p>	<p>30 Nachos Grande ( w/Beef &amp; Cheese), Salsa, Mexican Rice, Shredded Lettuce &amp; Tomato, Hot Dog *Cheese Nachos Steamed Broccoli, Coleslaw, Celery Sticks w/ Dressing, Mandarin Oranges, Apple Juice, Turkey Chef Salad, Turkey &amp; Cheese Wrap, Chocolate Chip Cookie</p>	<p>31 Rotisserie Chicken , Cornbread, Cheeseburger, Lettuce, Tomato &amp; Pickle *Cheese Pizza, Turnip Greens Sweet Potato Soufflé, Garden Salad, Spiced Apples, Bananas Cheese Chef Salad, Deli Turkey &amp; Cheese Sub</p>	<p><b>Non-Discrimination Statement:</b> The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.</p>		

